The Future of Workshops

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Who am I? 🤓 🔏 👛







Experience

- Head of Product/UX at UserTesting (formerly Teston)
- Design and product management for startups, corporates and agencies
- Remote and distributed teams

Workshop lover

- Average 1 per week
- Mostly remote
- Usually 4 20 attendees



Who are you?



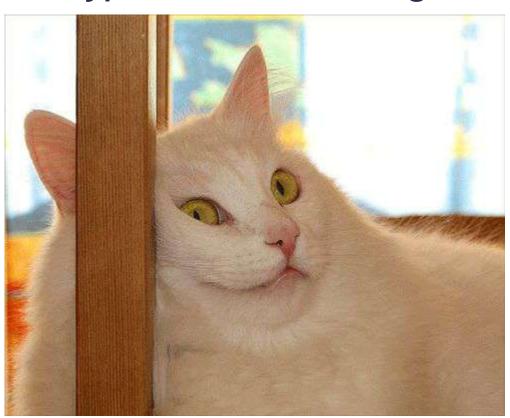
Let's go to Mentimeter!

Go to www.menti.com and use the code 74 01 27 0

I love workshops (but I don't love meetings)

Most meetings could be much more effective, engaging, and fun if they were workshops!

Typical zoom meetings



Workshops 6



Why workshops?

The magic of workshops *



- Collaborate
- Build stronger relationships
- Teach new skills
- Facilitate cross-functional working
- Tap into specific knowledge from different people
- Align and agree on next steps

Workshop or meeting?

Plan, solve a problem, reach a decision

Share/exchange information

Create consensus

Create awareness

Go deep into one subject

VS

Cover many topics, shallowly

Shared ownership important

No need for shared ownership

Active participation and engagement

Looking for passive listening

★ Workshops ★

Since the pandemic...



What's different about it being remote?

All the things that matter are the same!

- Goals
- Outcomes
- Activities

Some things are better remote!

- More inclusive.
- Easier for introverts to engage
- No need for materials: Paper, stickies, pens, snacks, water
- It's more efficient
 - Faster activities
 - No need to interpret handwriting
 - Everything is documented digitally
- It's environmentally friendly!

OK, but what are the downsides?



Things that are harder when remote

- Engaging the audience
- Keeping energy levels high
- Making the technology work
- Facilitating well



Things I learnt from trial (mostly error)

- Engaging the audience
- Keeping energy levels high
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Things I learnt from trial (mostly error)

• Engaging the audience

Engaging the audience



- Building trust
 - Getting to know each other
 - Creating psychological safety
 - Knowing you won't be criticized or ridiculed
- Encouraging the right level of participation
 - Awkward silences
 - Stunned wall of silence
 - People speaking over each other
- More distractions at home

Build trust

- Don't skip introductions
- Use icebreakers
 - Simple questions
 - Games

Icebreaker questions

Professional/team questions

- What do you like most about your team/this company?
- What should we celebrate from the work we did last week?
- In one sentence, how would you explain this project to your grandma?
- On a scale of 1-7, how are you feeling today?

Funny questions

- If you were a vegetable, what kind would you be?
- What are your WFH guilty pleasures?
- What's your favourite dessert?

Icebreaker games

- Two truths and a lie
 - Each person prepares two truths and a lie about themselves
 - The rest have to guess which is the lie
 - Make sure that you give people time to think!
- 5 things (or 10 things) in common
 - Put people in smaller groups
 - Ideally 3-5
 - They need to find things that everyone has in common

These will help people build trust!

Encourage the right level of participation

- Call on people by name
 - Keeps people more on their toes
 - Clarifies the order of speaking
- Do 'round robins'
 - Start with different people each time
- Use breakout groups
 - Break people into smaller groups
 - Ideally 2-4 people
 - Don't ask people to self-organise!
 - Use breakout functionality on tools like Zoom
 - Make the groups in advance

To video or not to video?

My personal policy

- I always have video on for workshops
- I try not to ask anyone to turn video on

Most important

- Be empathetic, respectful
- Be aware that everyone's working from very different circumstances
- Record everything and share
 - Allow people to watch and contribute asynchronously

Things I learnt from trial (mostly error)

• Engaging the audience

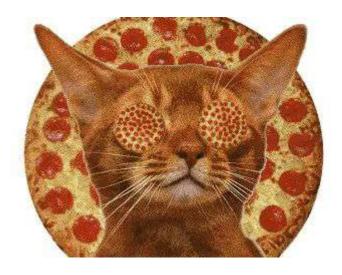
Things I learnt from trial (mostly error)

- Engaging the audience
- Keeping energy levels high

Keeping energy levels high

The challenge

- Avoid exhausting people
- Judging when to take breaks
 - Reading the audience without body language (or facial expressions)
 - Hard to tell if energy levels are flagging
- Energising the audience
 - Many physical energiser games are not possible
 - You can't just supply endless sweets and pizza



Avoid exhausting people

- Plan for shorter workshops
 - Max 4 hours
 - o Ideally 1-2 hours
- Break up longer workshops
 - Multiple sessions
 - Multiple days

Judging when to take breaks

Plan bio-breaks, lots of them

- At least 5 min per hour
- Make it clear when you expect people to return
 - 'Come back at 12.05', not 'Come back in 5 min'



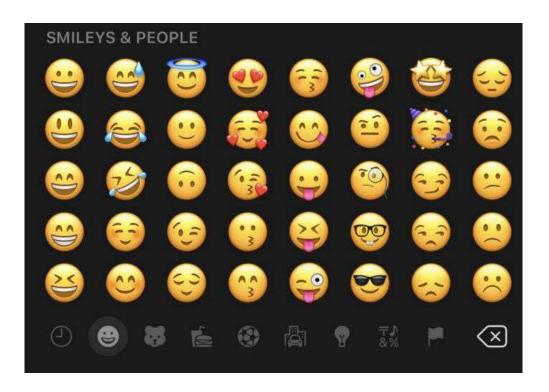
Energising the audience

Run remote energisers!

- Bring the energy up
- Maintain energy
- Goal...
 - Engage the creative mind
 - Build stronger social bonds
 - Create a positive vibe
 - Equalise and get everyone the same page
 - Have fun!

Energisers

- Emoji check-in
 - Pick an emoji that best describes how you're feeling



Energisers

- Emoji check-in
 - Pick an emoji that best describes how you're feeling
- Drawing
 - Describe how you feel about the last sprint/quarter in a weather sketch
 - If the last sprint was an animal, what animal would it be and why?



Things I learnt from trial (mostly error)

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Things I learnt from trial (mostly error)

- Engaging the audience
- Keeping energy levels high
- Making the technology work

Making the technology work



- Making the most of technology
 - Teaching people how to use tools the best way
 - Helping people get familiar and comfortable
- Working around tech problems (inevitable)

Making the most of technology

- Explain how you want the call tool to be used
 - Mute by default
 - What features do you want participants to use?
 - Introduce it and have them try it
 - Switch to gallery view
 - 'Raise hand' feature
 - Chat
 - Emoji reactions
- Run easy warm-up activities on any collaborative tools

Working around tech problems

Tech can fail in have a plan B!

- For example
 - a. Async collaboration via shared slides
 - b. Fall back on physical tools like pen, paper, camera

- Engaging the audience
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- Engaging the audience
- Keeping energy levels high
- Making the technology work
- Facilitating well

Facilitating well



- Making sure everyone is engaged, following, and understanding
- Getting the admin tasks done
 - Time keeping
 - Documenting
 - Introducing and guiding

Making sure everyone is engaged and following

Plan and prep

- What's the plan?
 - Goal
 - Topics
 - Timing
- Presentation slides
- Set up the online workspace before-hand
 - Add clear instructions and examples

Making sure everyone is engaged and following

Open and close well!

The workshop

- Clear goal
- After, summarise what you've done, and next steps
 - Any actions should be assigned and documented within the workshop!
 - Clarify when you will follow up and how
- Ask for feedback

Each activity

- Help people understand why
- o Be clear on the how, for how long
- Ask if there are questions
- After, summarise what you did, and how it will contribute to the overall workshop goal

Over-communicate

Getting the admin tasks done

Delegate!

- Assign a timekeeper
- Assign a note-taker
- Assign activities
- Be super clear on who will run what

More time for the good stuff

Guide the group

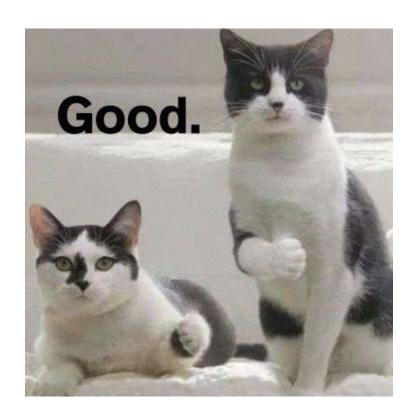
- Set the scene
- Introduce and guide during activities

• Equal participation

 Ensure everyone's voice is valued and heard

Stay on topic

Park unrelated discussions



- Engaging the audience
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Engage the audience

- Introductions and icebreakers
- Call on people by name
- Do round robins
- Use breakout groups

Keep energy levels high

- Plan for shorter workshops
- Plan bio-breaks, lots of them
- Run energisers

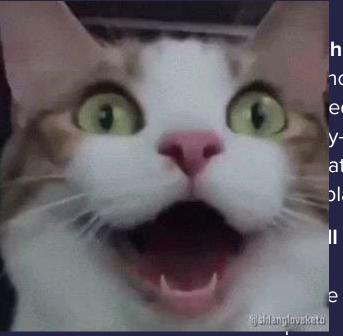
Make the technology work

- Explain how you want the call tool to be used
- Run easy-warm up activities on collaborative tools
- Have a plan B in case the tech fails

Facilitate well

- Plan and prep
- Open and close well
- Delegate

- **Engage the audience**
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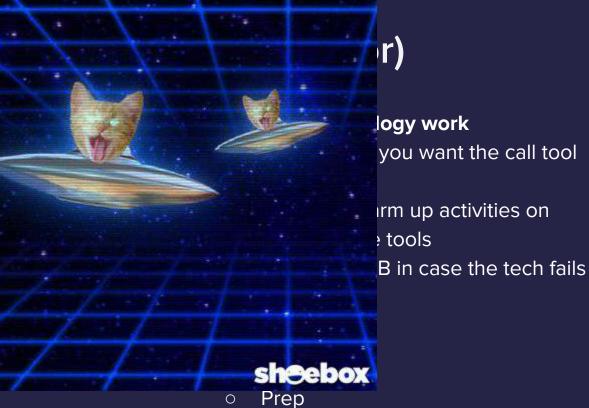
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plan B in case the tech fails

Open and close well

Things I learn

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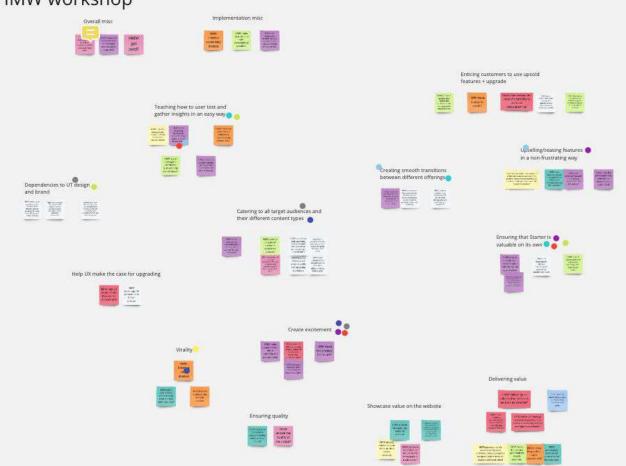


Open and close well 0

Workshop activities

How Might We (HMW)

HMW workshop



Design principles

Design principles

Newarid

Principle							
	1 Build for all people, not just a select few	2 Focused, rather than comprehensive	3 Core offering over many features	4 Thoughtful, informed choices, over seamlessness	5 As small releases as possible over big bangs	6 Privacy is a blessing, not just a legal requirement	7 Treat testers as precious not an infinite resource
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Design studios

Design studio

Internal panel recruitment

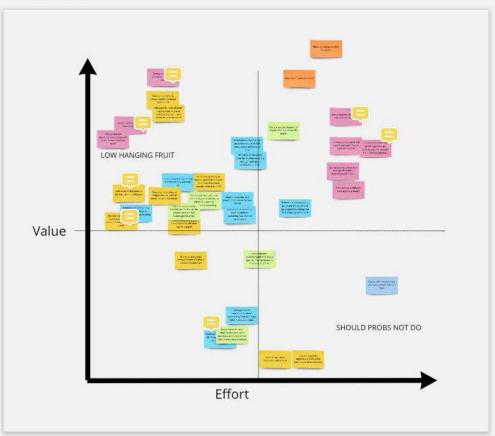
How might we make internal panel recruitment hassle-free?







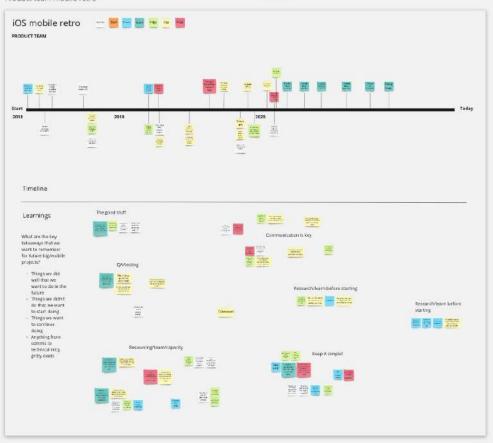
Internal panel ideas



Post mortem



Product team mobile retro



Own it.



Thanks for listening! :)

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