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# Designing for trust:

Applying Promise Theory  
to collaborate effectively with your remote teams

Akira Motomura @ YUMEMI

# Introduction



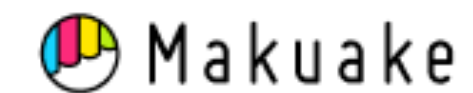
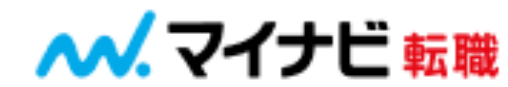
# Akira Motomura

Board Member / Service Designer



Digital Design x Engineering Agency

**We help our trusting clients  
to create digital services that everyone uses.**



# Business and Business to Customer a.k.a. BnB2C



YUMEMI

&



顧客企業



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# This talk's main point

**I promise that  
my language is always carefully designed  
for us to collaborate effectively.**



# Before and after the covid-19

Before and after the covid-19

before

# Time to breathe

e.g., coffee break, taking a walk



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after

# Endless meetings and chat responses

e.g., meeting after meeting, chat after chat



## Before and after the covid-19

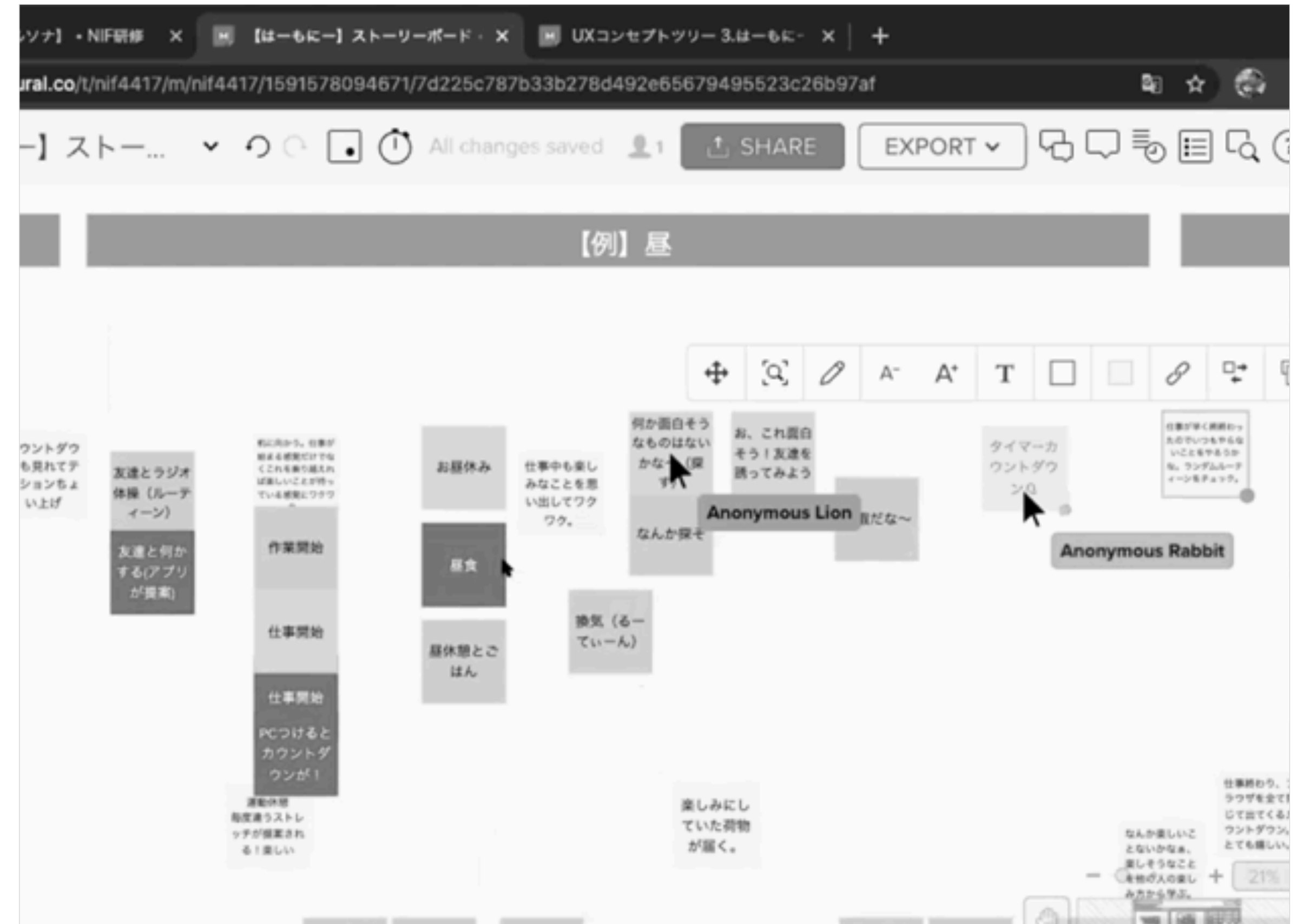
### before **Physical space**

e.g., office, conference room



### after **Digital space**

e.g., video conference, chat room

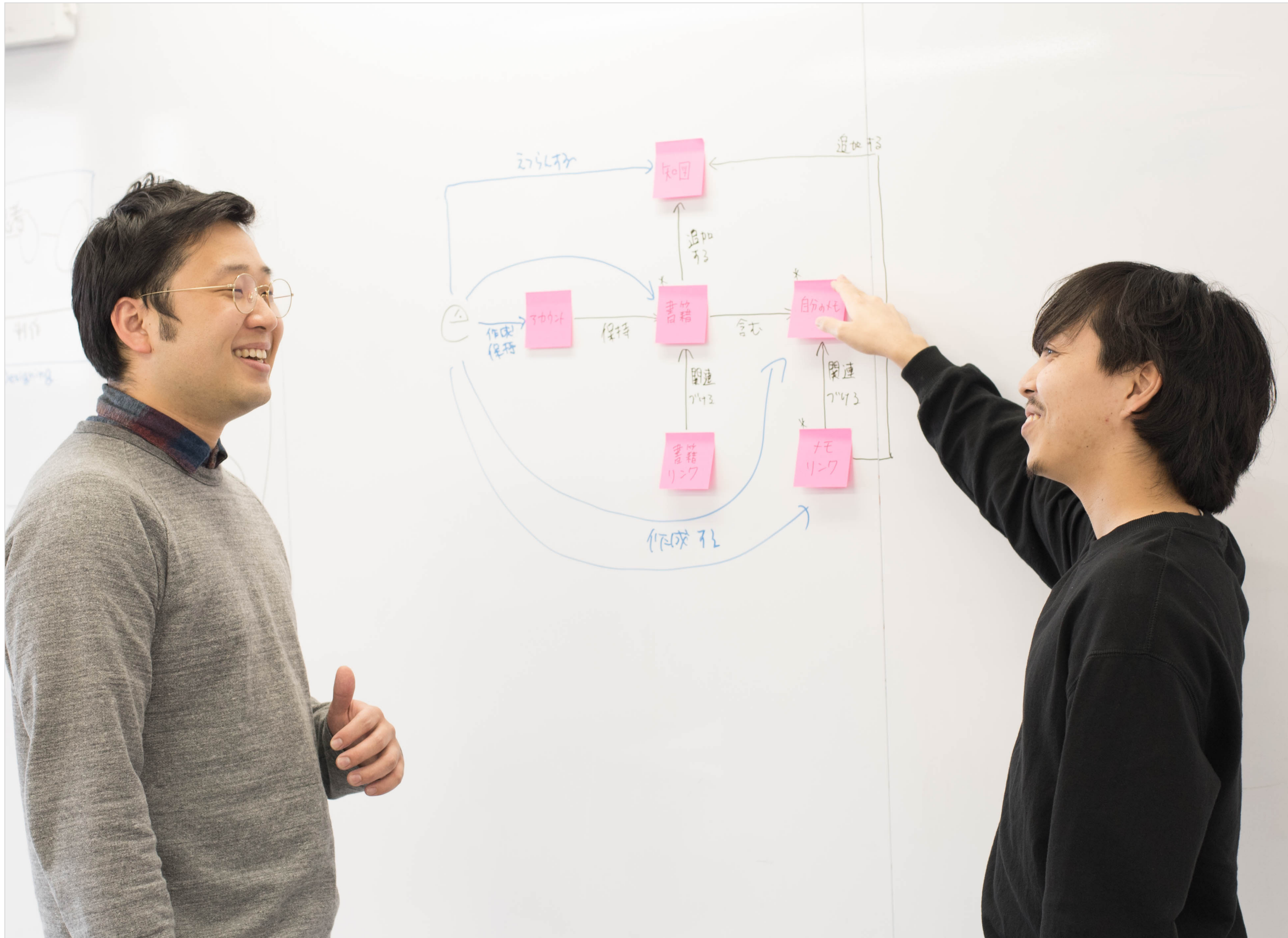


## Before and after the covid-19

before

# Verval + non-verval communications

e.g., voice, gesture, facial expression



after

# Textual communications

e.g., text



# What've been changed?

**Everything happens  
inside screens.**

Photo by [Trinity Nguyen](#) on [Unsplash](#)

MacBook Pro



# question

**What do we need to design  
to collaborate effectively with others  
in an environment like this?**

# Information, context, and understanding



**What is information?  
Are there different types?**







# Some characteristics of our current work environment:

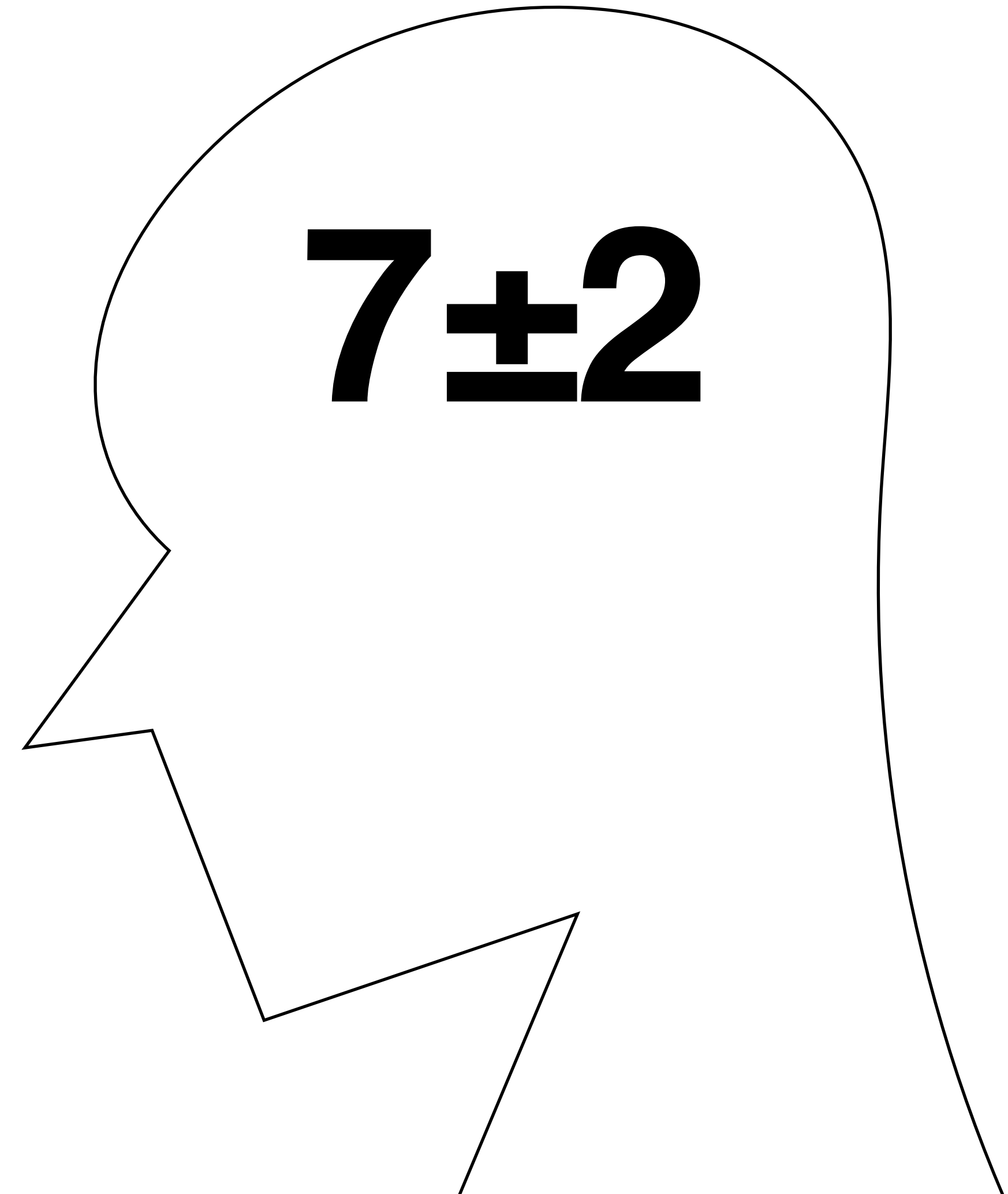
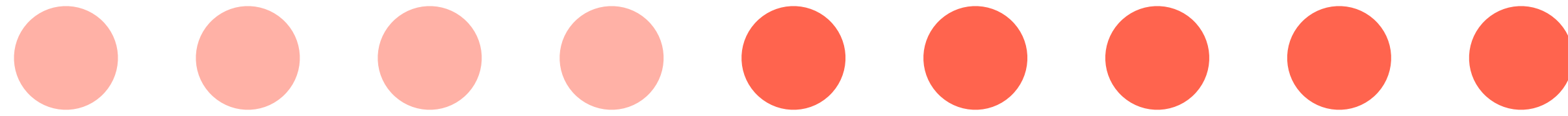
1. No physical qualities available
2. No synchronous and shared contexts
3. Less tacit (and unedited) information available
4. More explicit means of communications such as text
5. More individual perspectives and contexts
6. More explicit (and edited) information available

**More upfront designs of what we communicate with others are required; you are the one who is responsible for designing your own messages.**

**What are the things to consider?**

# Information processing limitation: The magical number seven plus minus two

The number of objects an average human can hold in working memory is  $7 \pm 2$ . What this means is that the human memory capacity typically includes strings of words or concepts ranging from 5–9.



# Cognitive tendency: **Principles of least effort**

We act to perceive, based on the least effortful interpretation of the information provided, even though it sometimes leads us astray.

If there are several ways of achieving the same goal, people will choose the least demanding course of action.

**Tacit**

**Explicit**



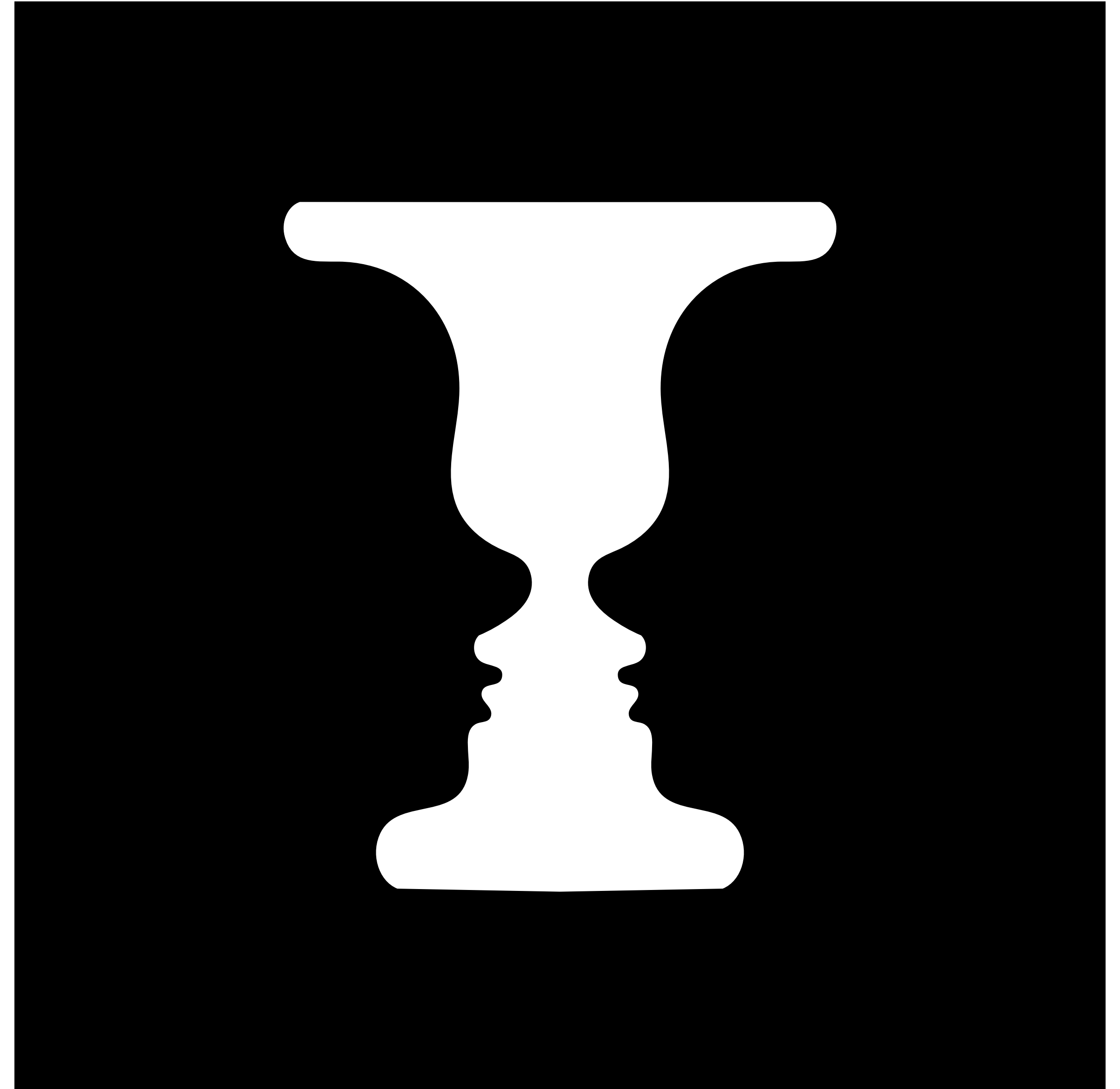
Unconscious  
Intuitive  
Automatic  
"System 1"

Conscious  
Deliberate  
Reflective  
"System2"



# Individual understanding: **Umwelt**

Different people experience and interpret differently  
even though they share the same information and environment



# Cognitive scaffolding: Physical invariants

Persistently stable properties of given physical environment  
e.g, stairs, floor plans

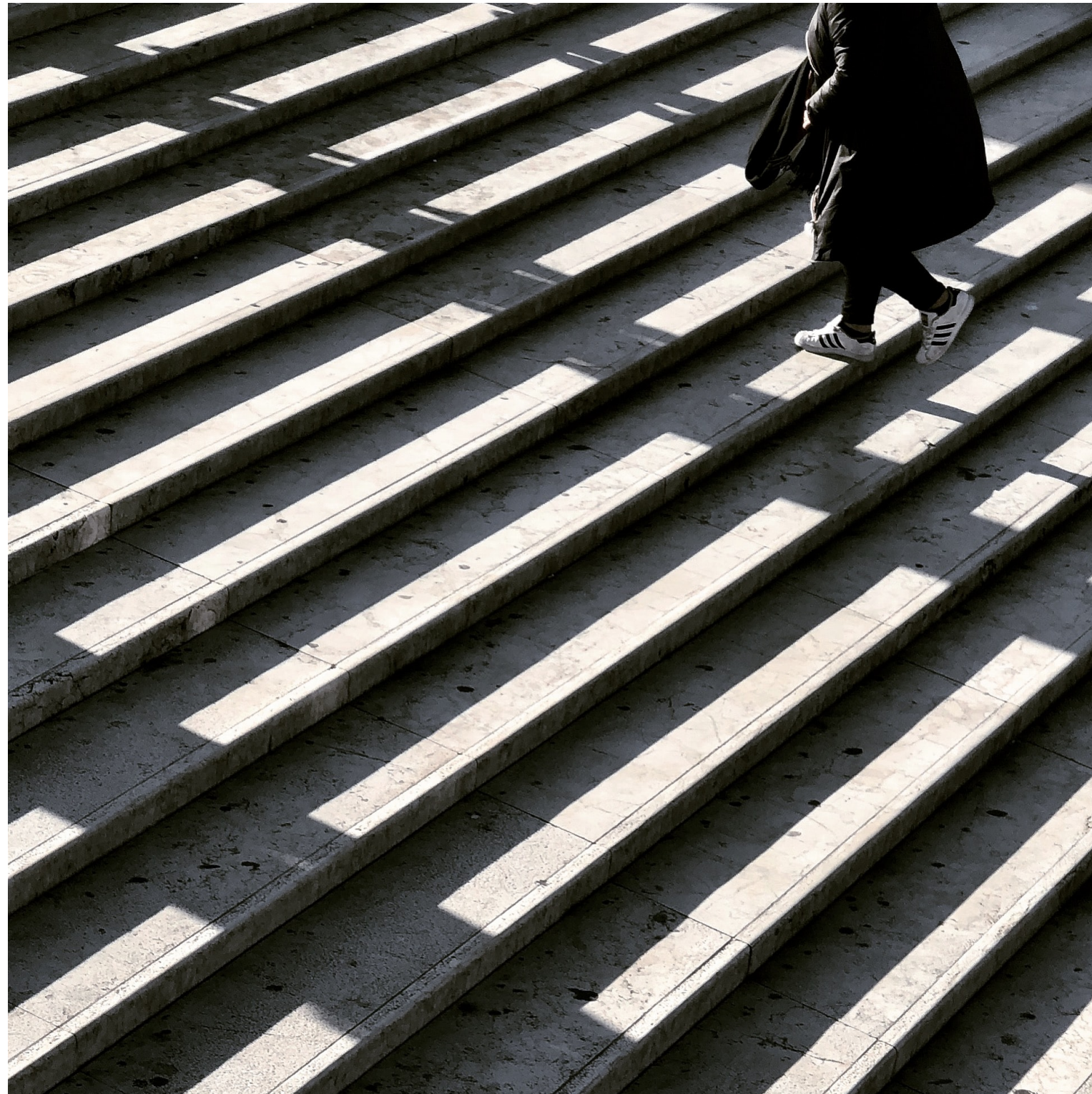


Photo by [Martino Pietropoli](#) on [Unsplash](#)

# Semantic invariants

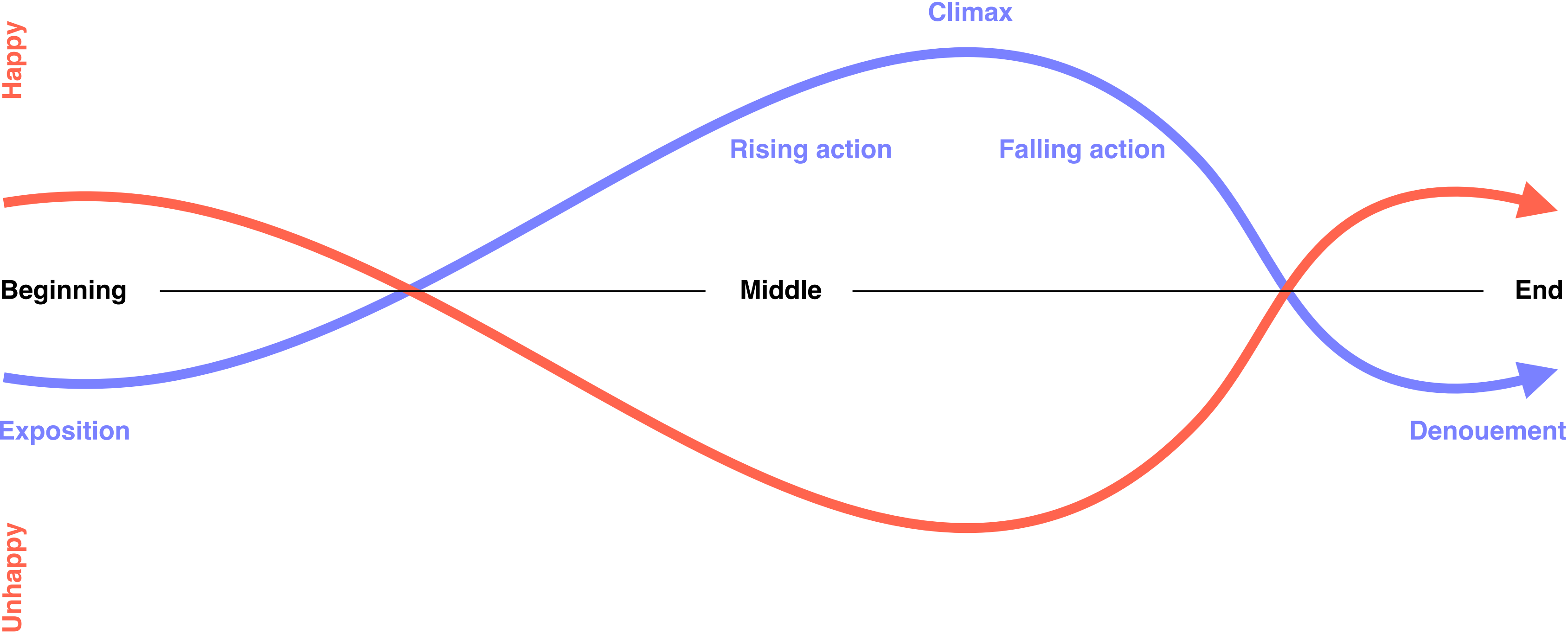
Persistently stable properties of given semantic environment  
e.g., labels, signs, symbols, rules, definitions



Photo by [Balázs Kétyi](#) on [Unsplash](#)

# Interpreting experiences: Narrative

Humans make sense of the world through stories



# A crazy dude?



Photo by [Viktor Bystrov](#) on [Unsplash](#)

# ~~A crazy dude?~~

“A staring contest”



Photo by [Viktor Bystrov](#) on [Unsplash](#)

# A simple description changes our understanding

“A staring contest”



Photo by [Viktor Bystrov](#) on [Unsplash](#)

# Language as infrastructure

Design has traditionally been centered on objects and physical environments.  
**There is no “language design” discipline — it’s instead called “writing.”**

There’s nothing wrong with that, but we have to come to grips with  
**the reality that language is a more important material for design than ever, especially with the arrival of pervasive, ambient digital systems.**

**Andrew Hinton**

Understanding Context: ENVIRONMENT, LANGUAGE, AND INFORMATION ARCHITECTURE

**How can we take an advantage of this?**

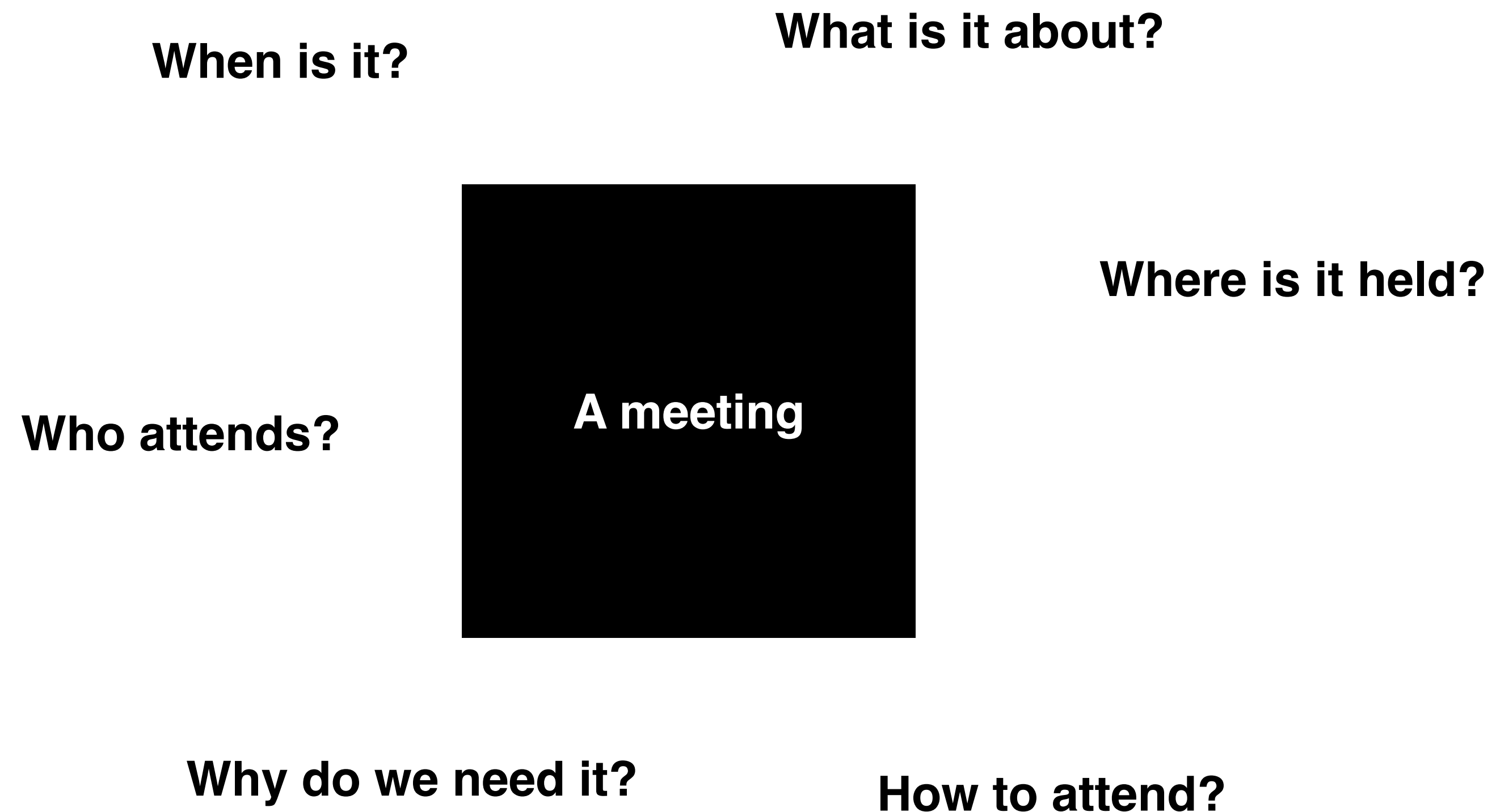


# Designing a meeting



A meeting

# Designing a meeting: Defining the (external) context



# Designing a meeting: Defining the (external) context

Why do we need it?	To review and discuss
What is it about?	Design specs
When is it?	12:00 p.m. on Tuesday
Who attends?	Ryo, Mike, and, Akira
Where is it held?	Via Online
How to attend?	Via Zoon Meeting URL



**A meeting**

# Designing a meeting: Defining the internal structure

Why do we need it?	To review and discuss
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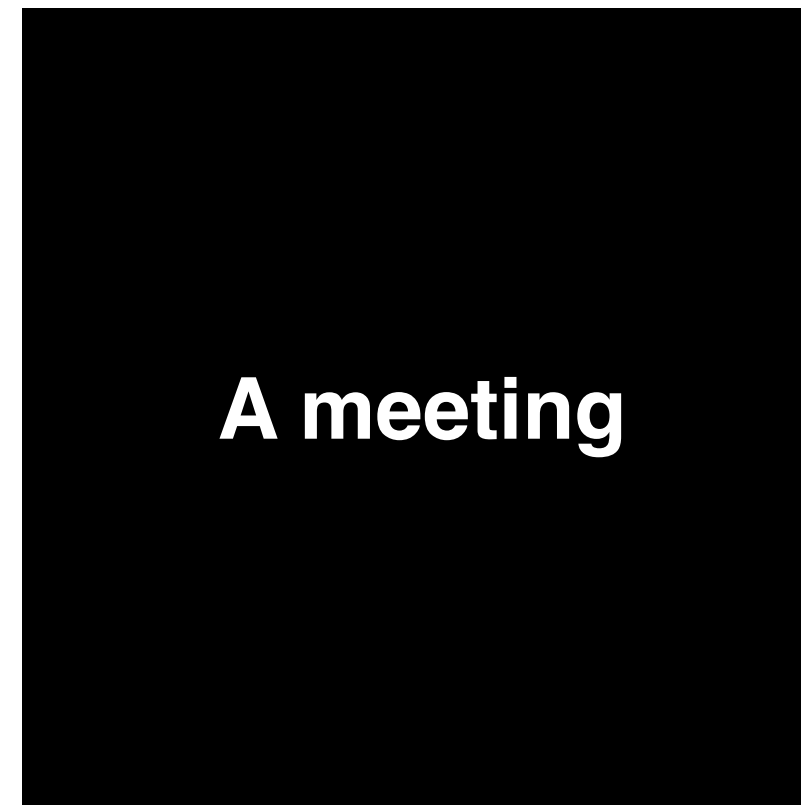
**A meeting**



**How do we proceed?**

# Designing a meeting: Defining the internal structure

Why do we need it?	To review and discuss
What is it about?	Design specs
When is it?	12:00 p.m. on Tuesday
Who attends?	Ryo, Mike, and, Akira
Where is it held?	Via Online
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How do we proceed?



**Can you “promise” to thoughtfully design your everyday communications?**

**Can your promises create “trust”?**

# The basics of Promise Theory and its applications

# **What is Promise Theory and why do we need to care?**

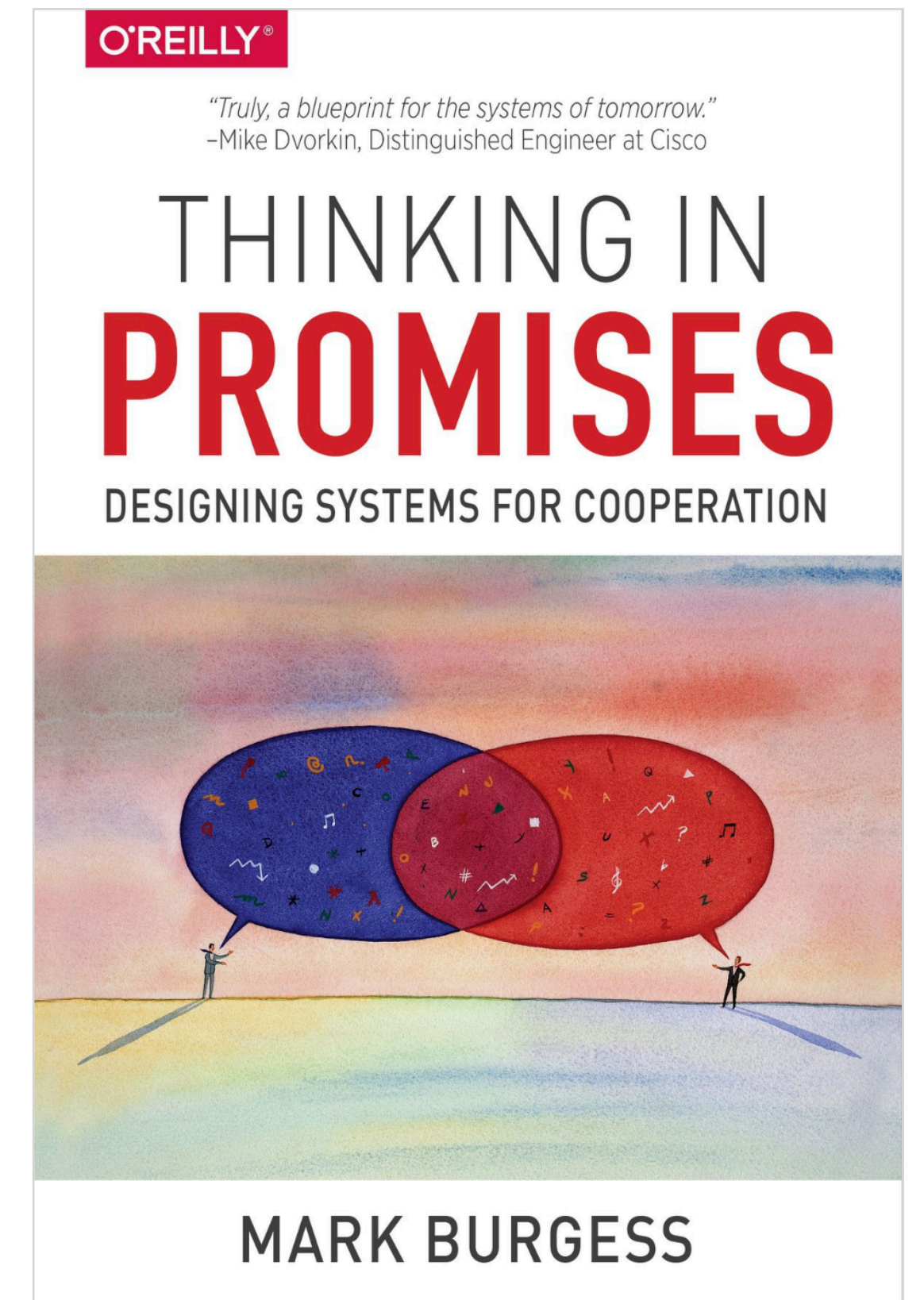


# Promise Theory

A modeling language of information to describe and discuss cooperative behavior among different agents or actors, proposed by Mark Burgess, an independent theorist and practitioner in the field of information science, in 2004.

**It has the capability to visualize, analyze, and solve any problems and bottle-necks of how people communicate and collaborate with each other in a formalized way.**

**Also, it offers a completely new way to understand the world around us.**



[https://www.amazon.com/gp/product/B01092PYG8/ref=dbs\\_a\\_def\\_rwt\\_bibl\\_vppi\\_i1](https://www.amazon.com/gp/product/B01092PYG8/ref=dbs_a_def_rwt_bibl_vppi_i1)

# Core concepts: Imposition



Clean up the room.

Is applied to others  
Tells how to behave or follow a certain recipe  
Diverges *into unpredictable outcomes*  
*Is a top-down strategy*

*i.e., hints, advice, suggestions, requests, commands,*

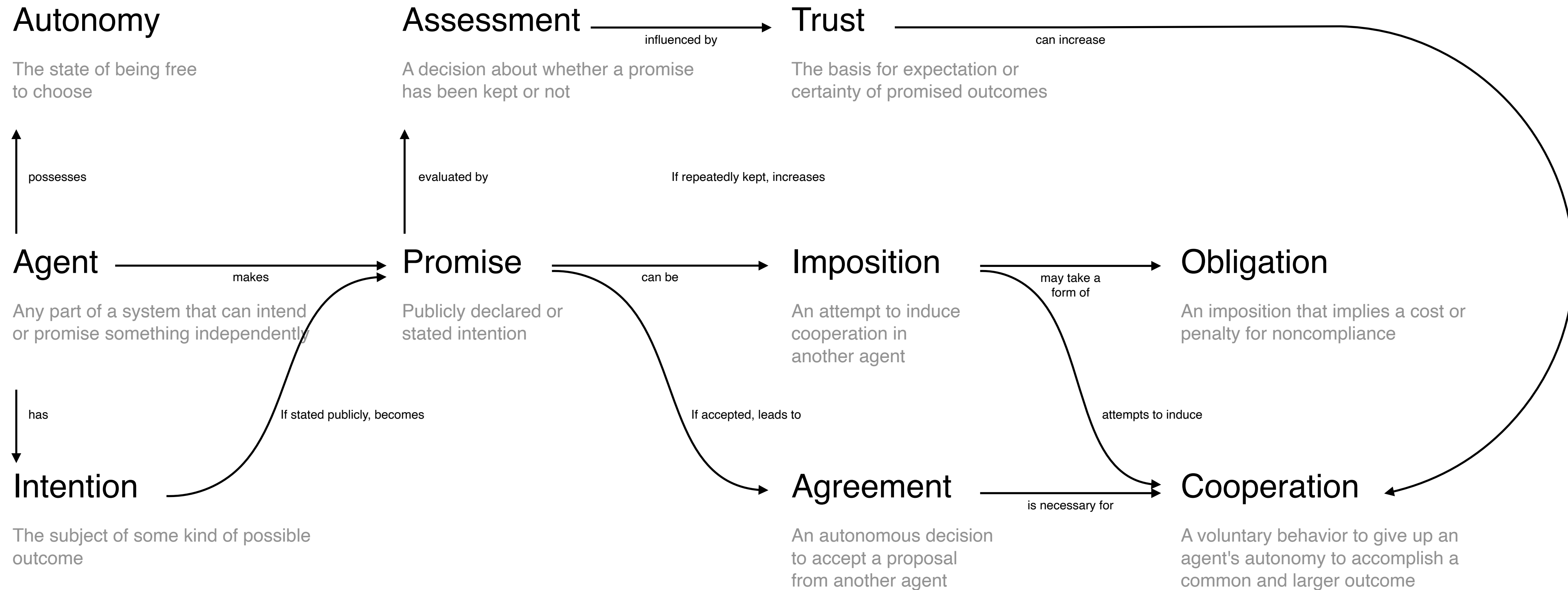
# Promise



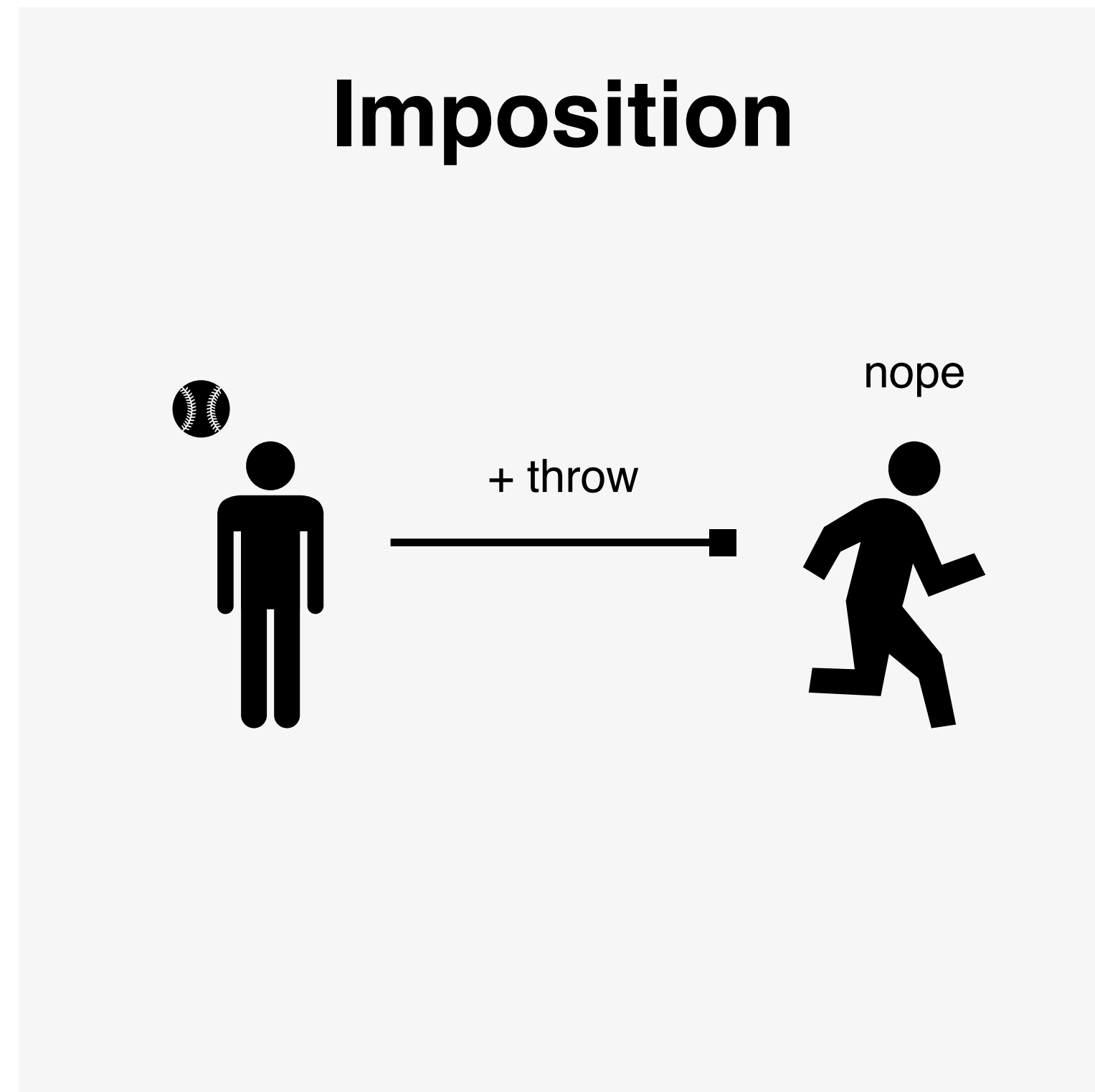
I promise that the room will be clean.

Is applied only to yourself  
Defines an end state or outcome  
Converges towards an intended outcome  
Is a bottom-up strategy

# A concept map of Promise Theory

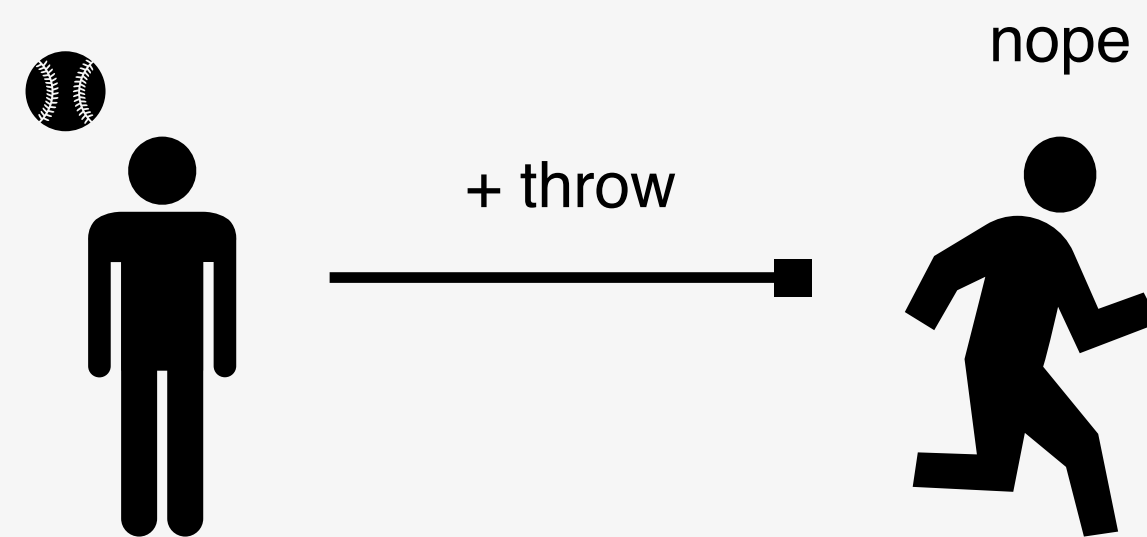


# An imposition: Throwing a ball without warning

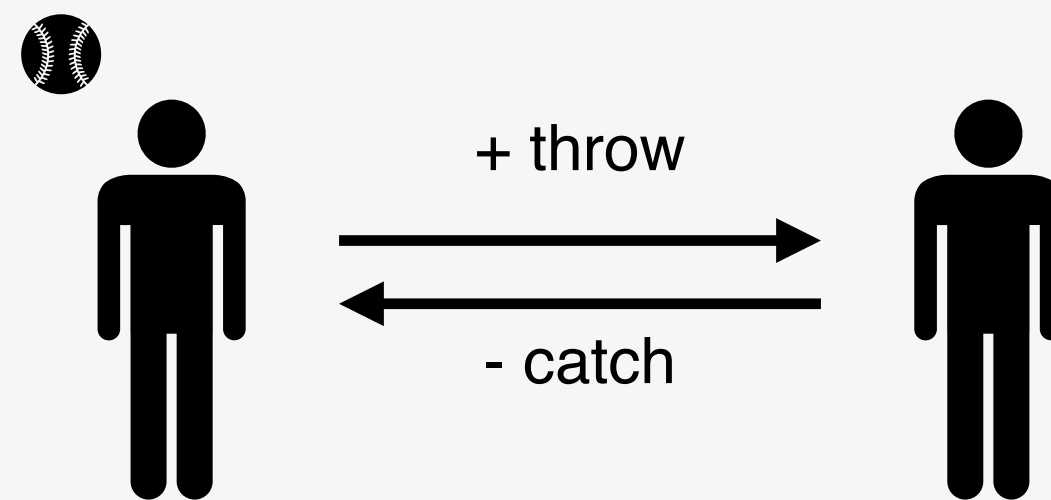


# A promise: Throwing a ball and accepting to catch the ball

## Imposition

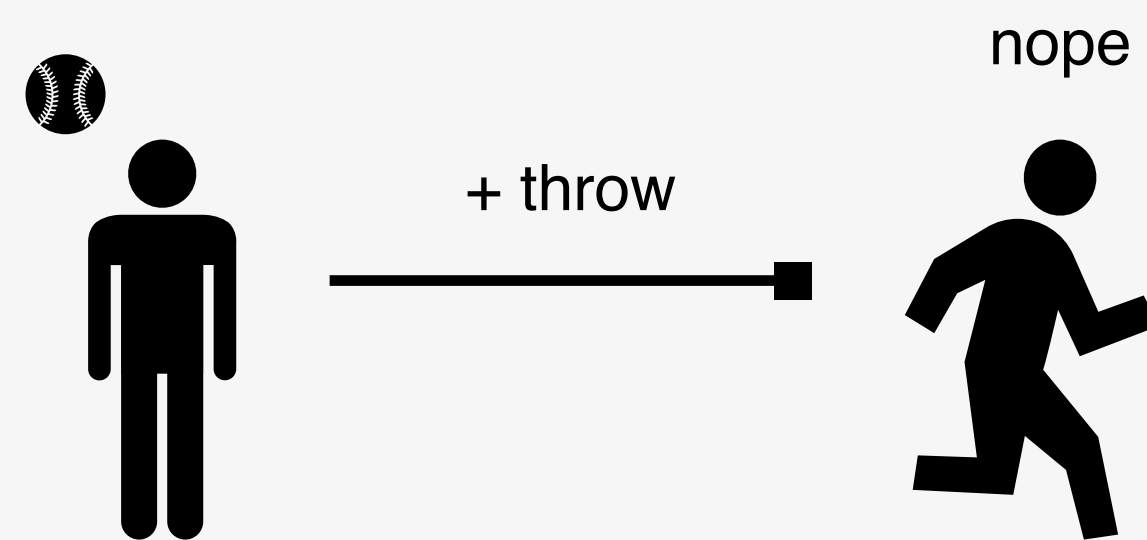


## Promise

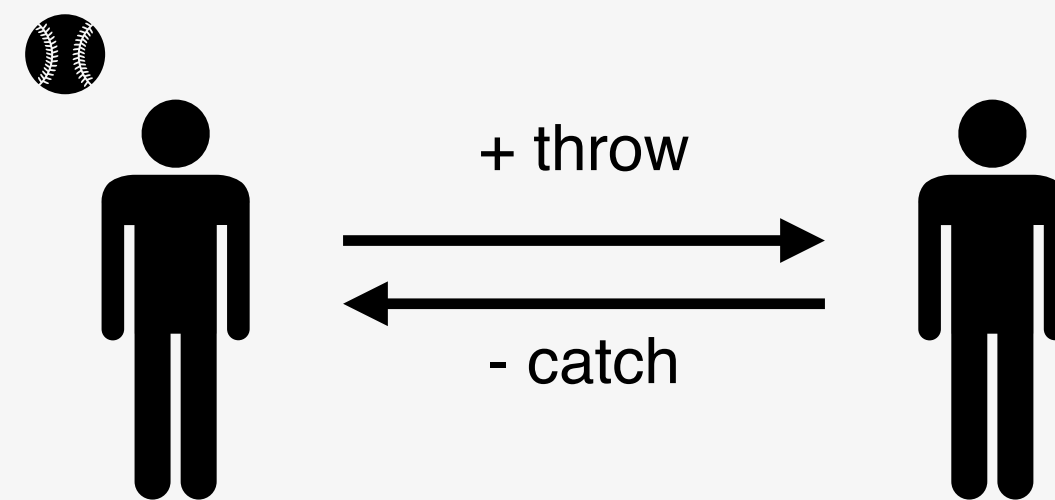


# Repeated promises: Repeated enough times, then it becomes playing catch

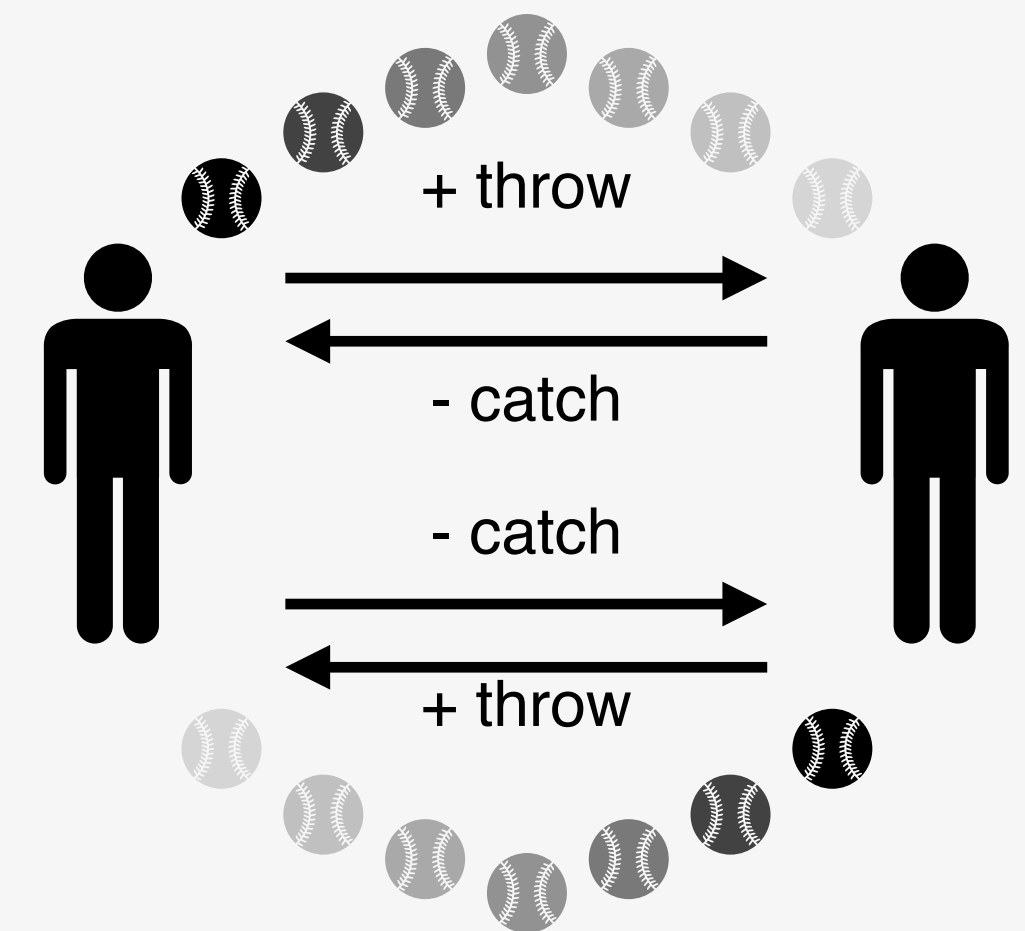
## Imposition



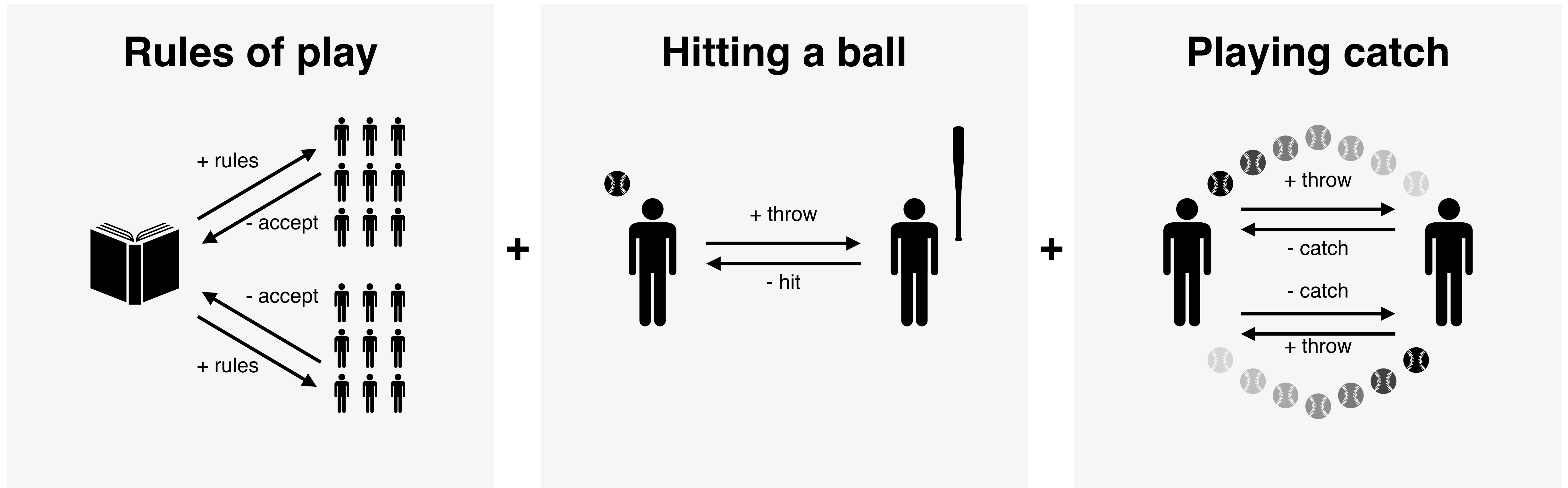
## Promise



## Playing catch

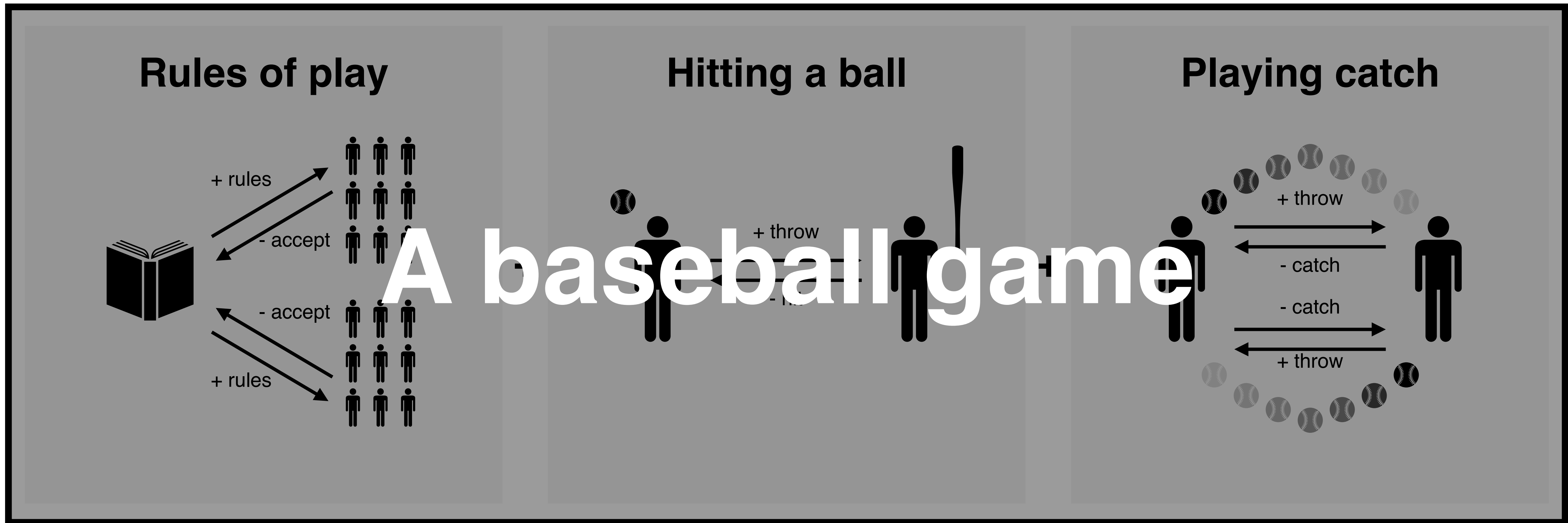


# An emergent promise: With multiple promises combined,



An emergent promise:

**With multiple promises combined, it is a baseball game**

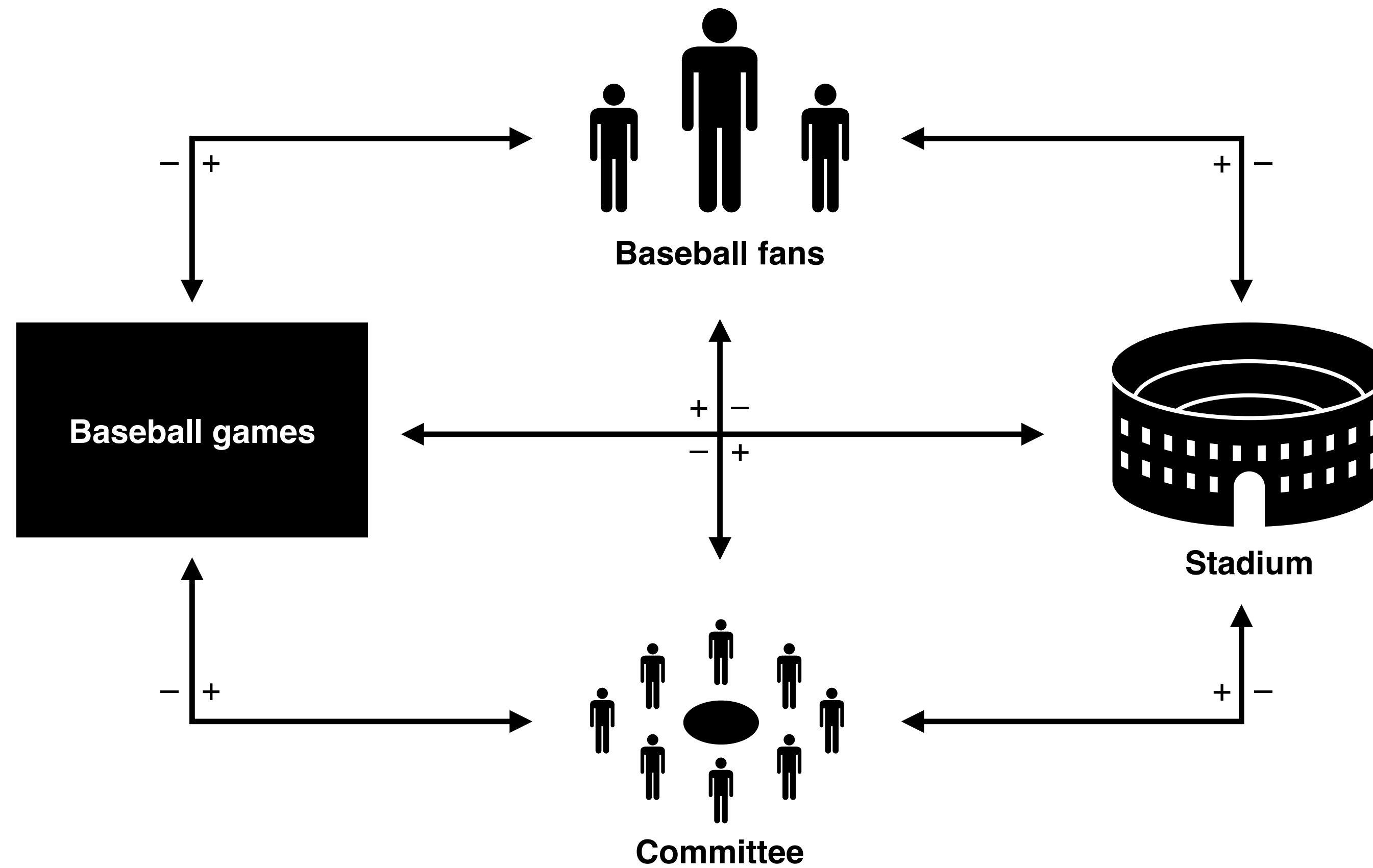




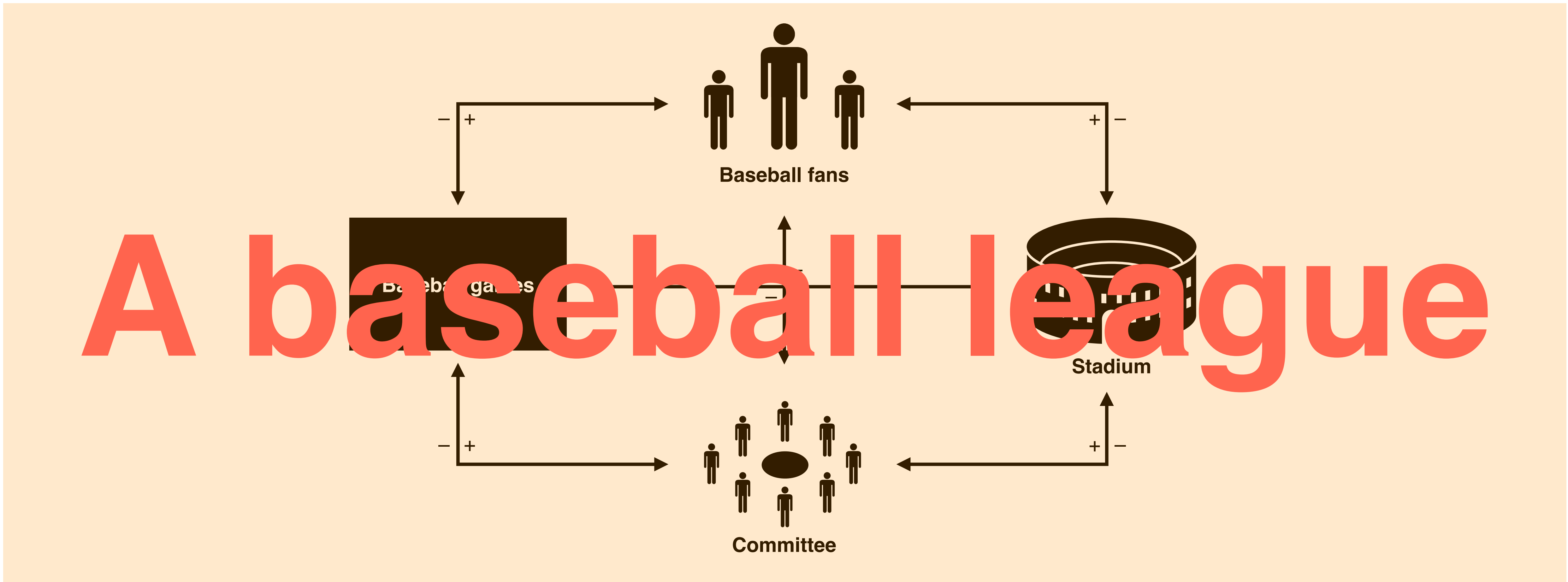
**Trusting means ignoring the internal promises,  
which greatly reduces the amount of information**

**A baseball game**

# Trusting enables us to cooperate at scale,



# Trusting enables us to cooperate at scale, promising much more complex activities



**Having a lens of promises  
brings more rigor and discipline  
to your way of communicating with others.**

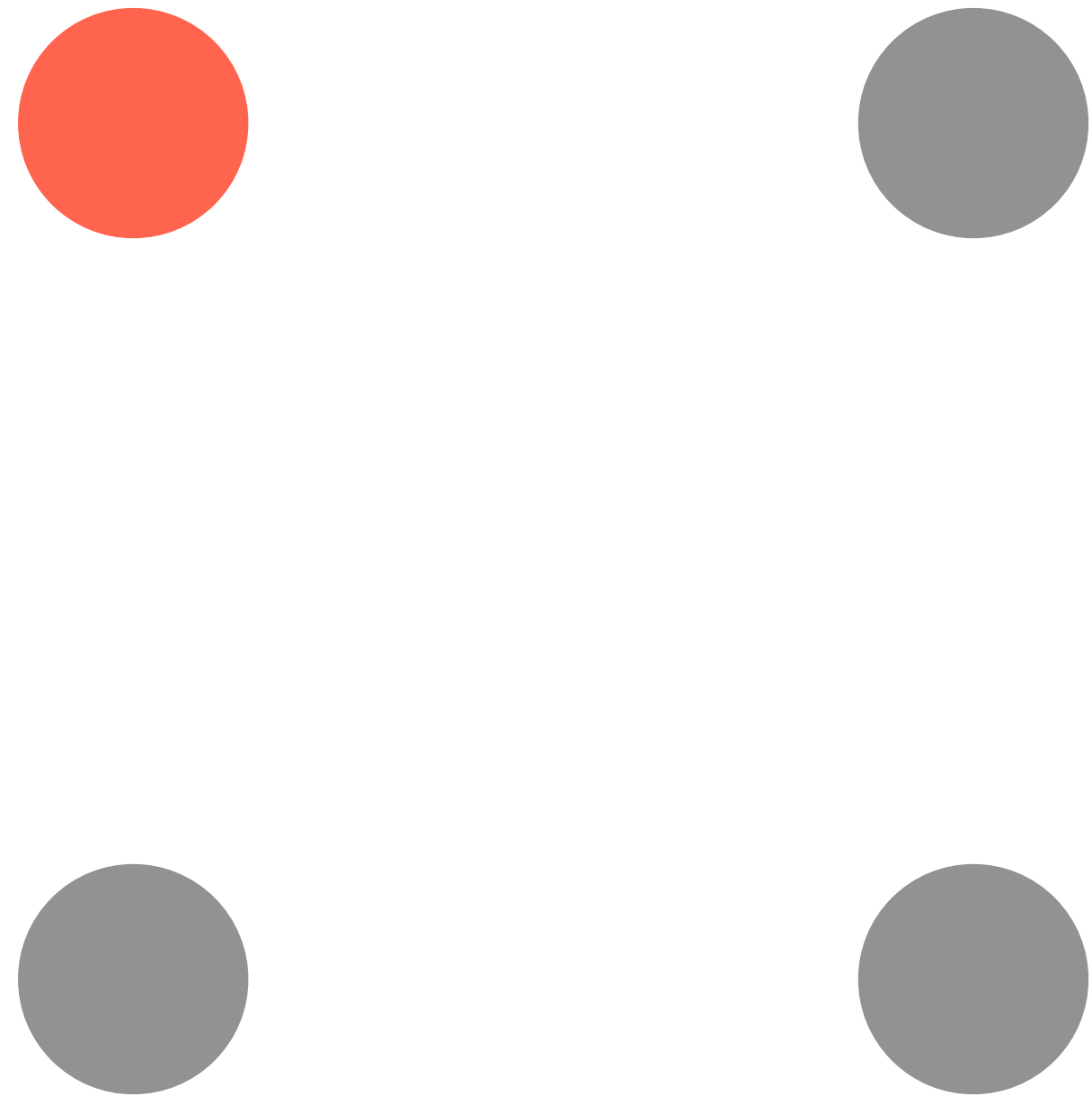
**And, it is a bottom-up strategy  
to increase and improve cooperations with your teams.**

# Two types of disruptors: **Trouble-makers**

Leading from the edges

Not having trusting relationships with other members of a community

Being regarded as causing troubles

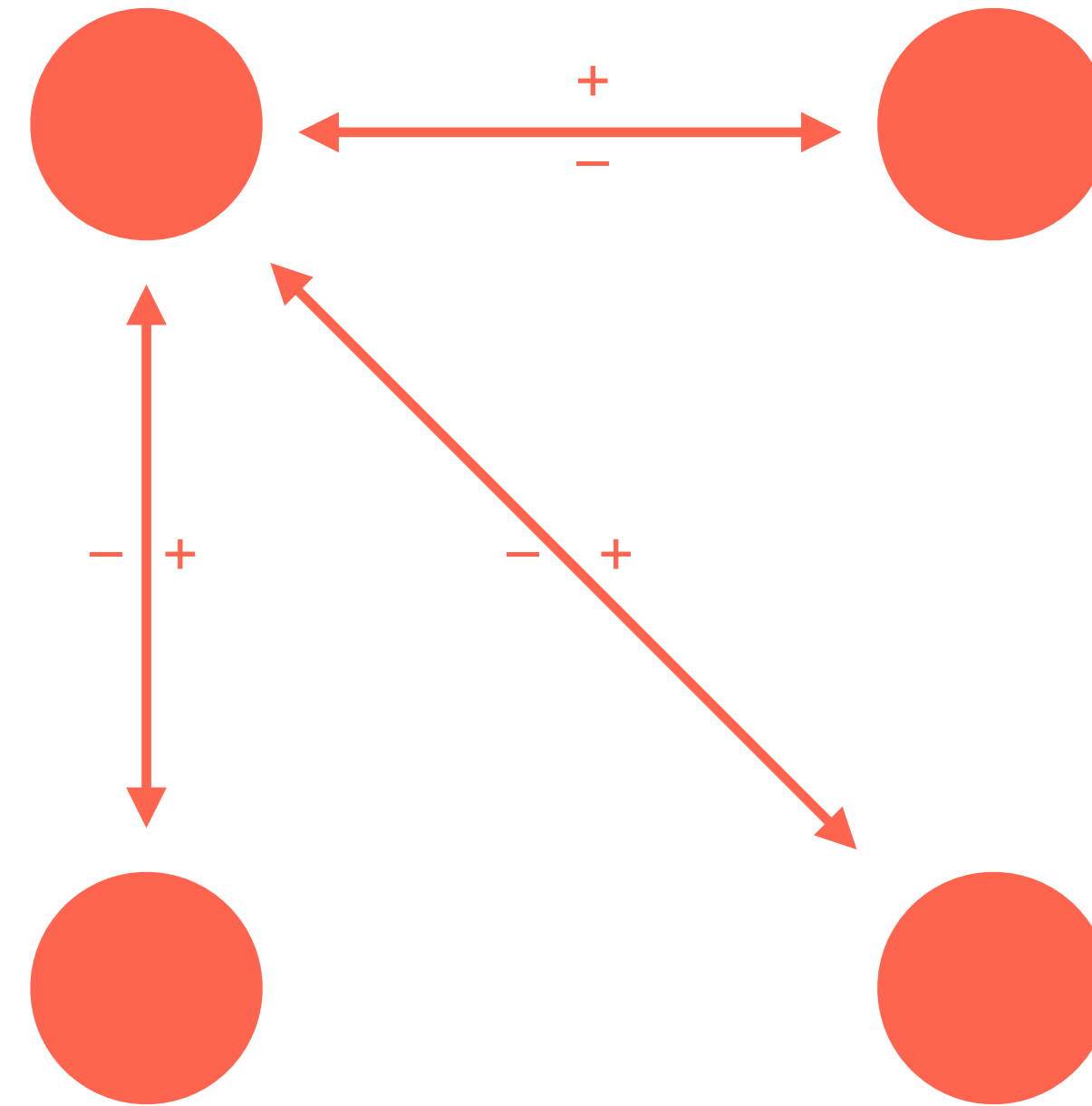


# **Change-makers**

Leading from the edges

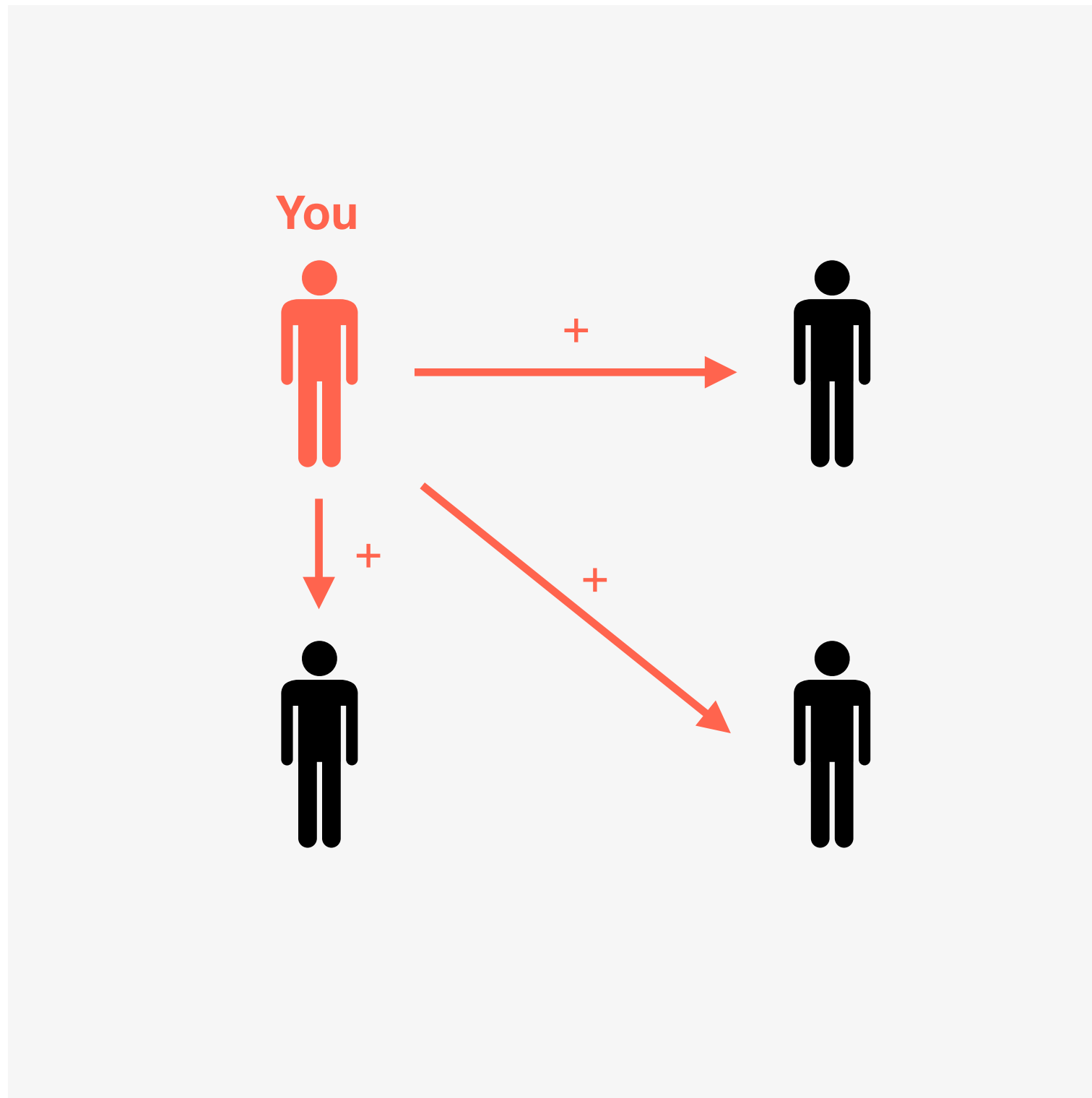
Having trusting relationships with other members of a community

Being regarded as making positive changes



# Steps to build trust and become a change-maker: **1. Competence**

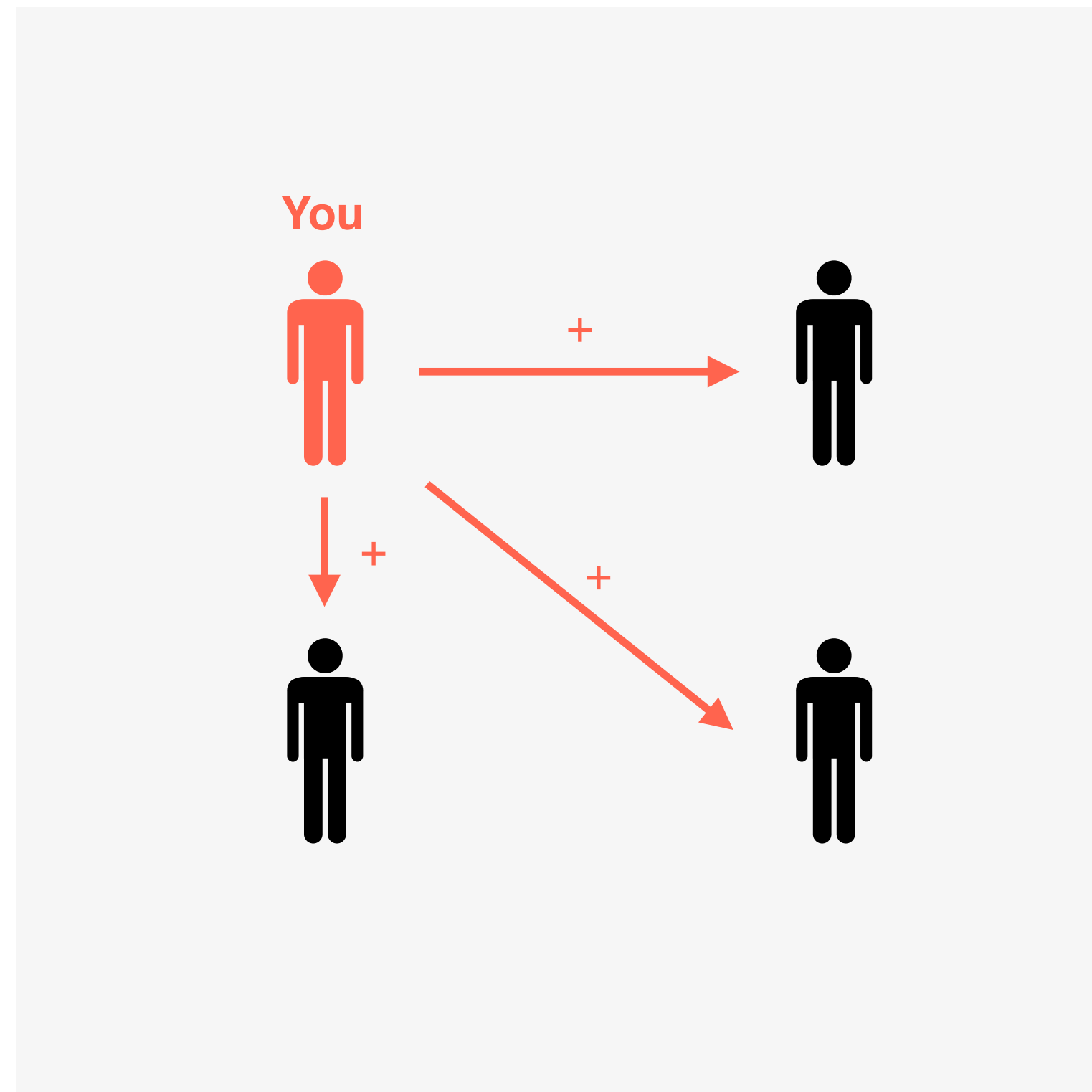
Show what you are competent at



# Steps to build trust and become a change-maker:

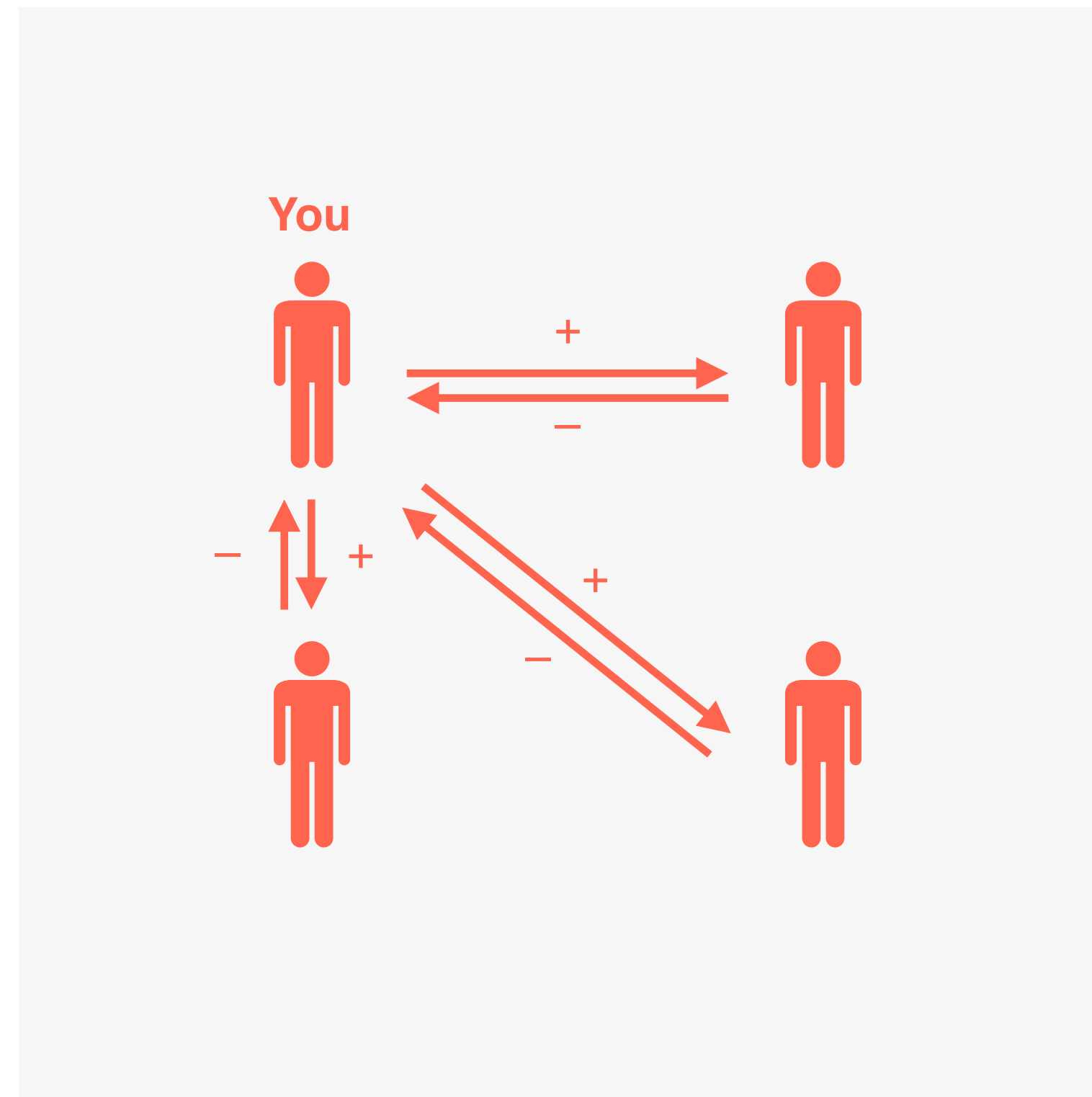
## 1. Competence

Show what you are competent at



## 2. Relationships

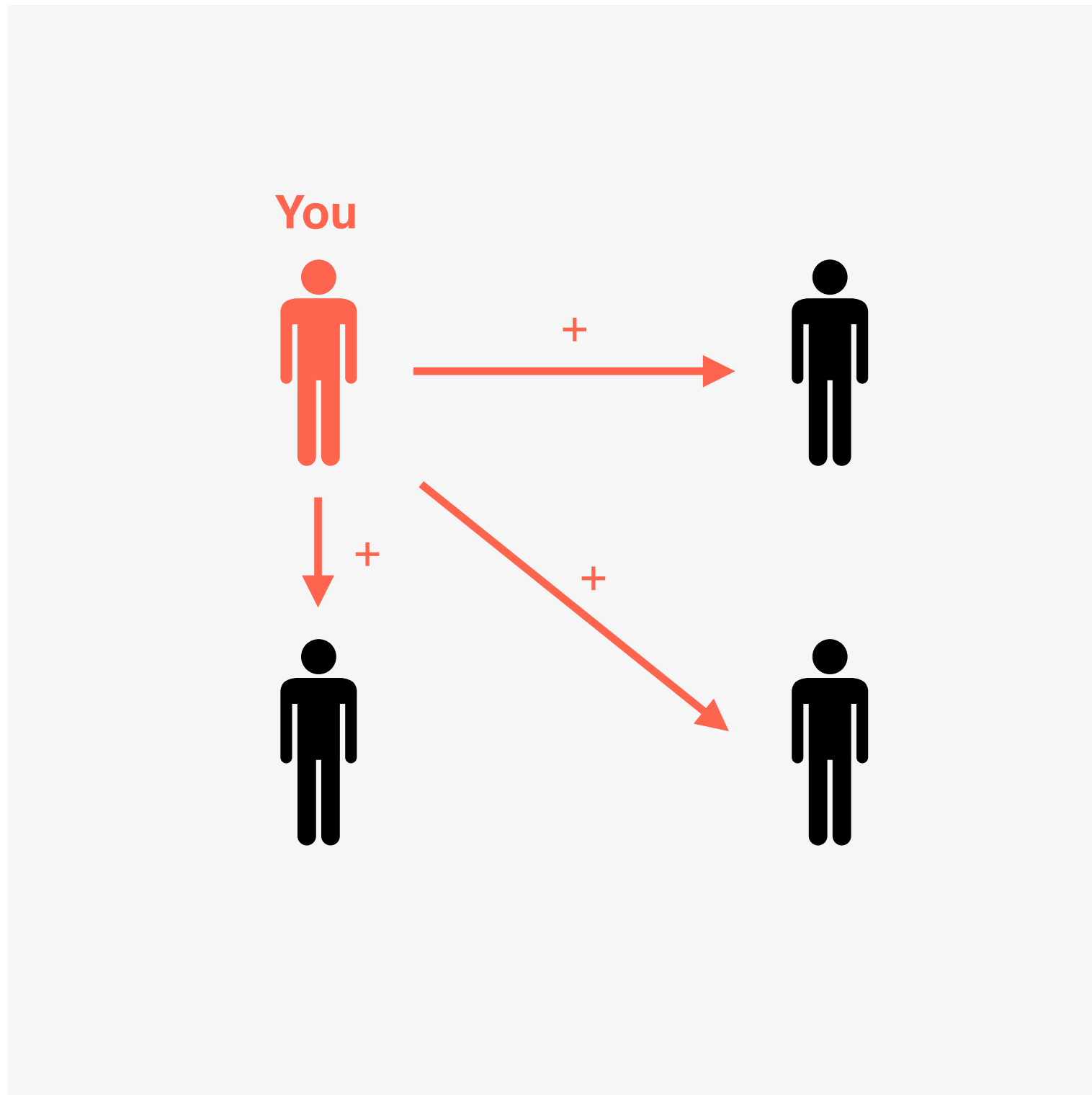
Establish relationships and build allies



# Steps to build trust and become a change-maker:

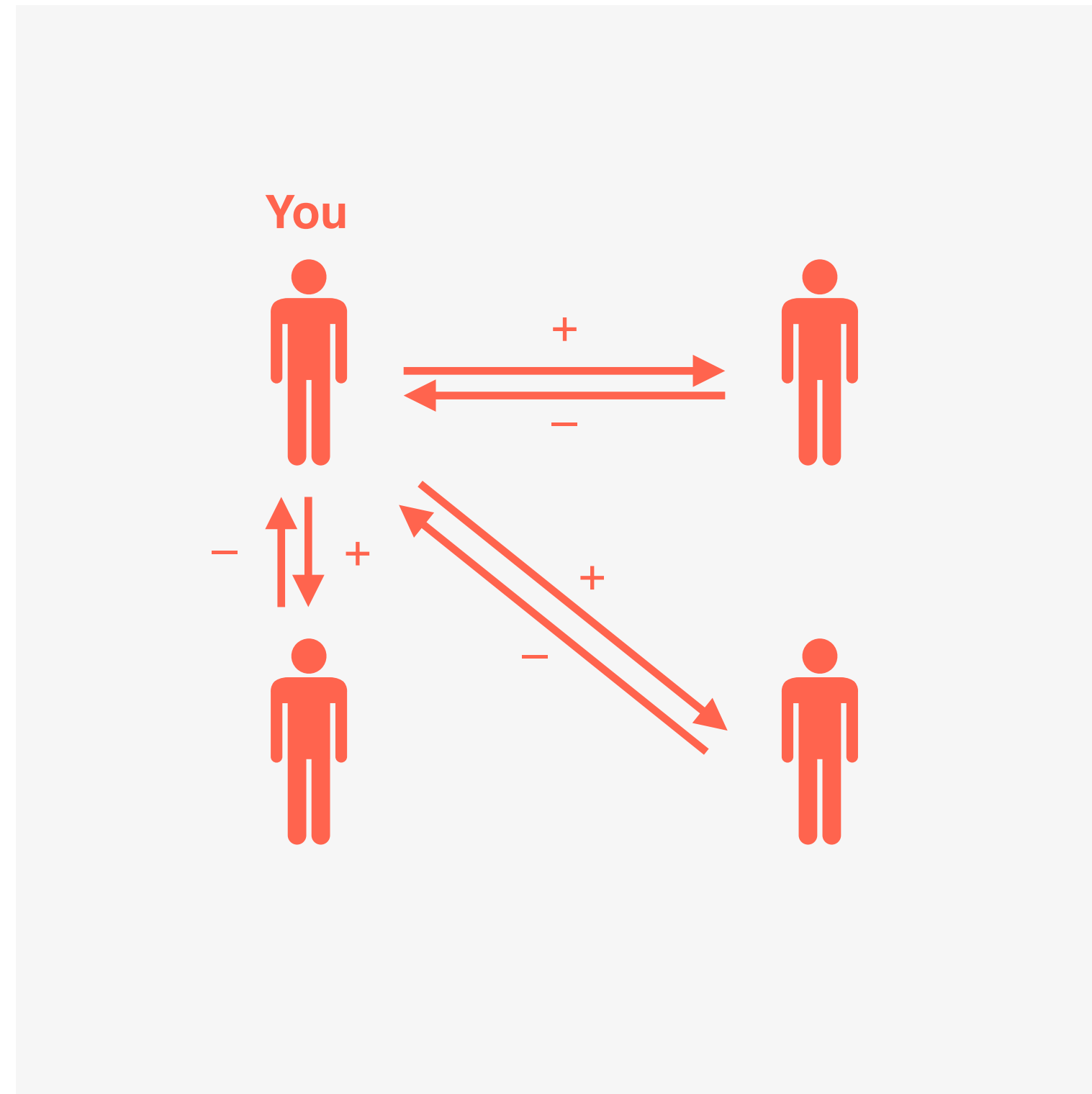
## 1. Competence

Show what you are competent at



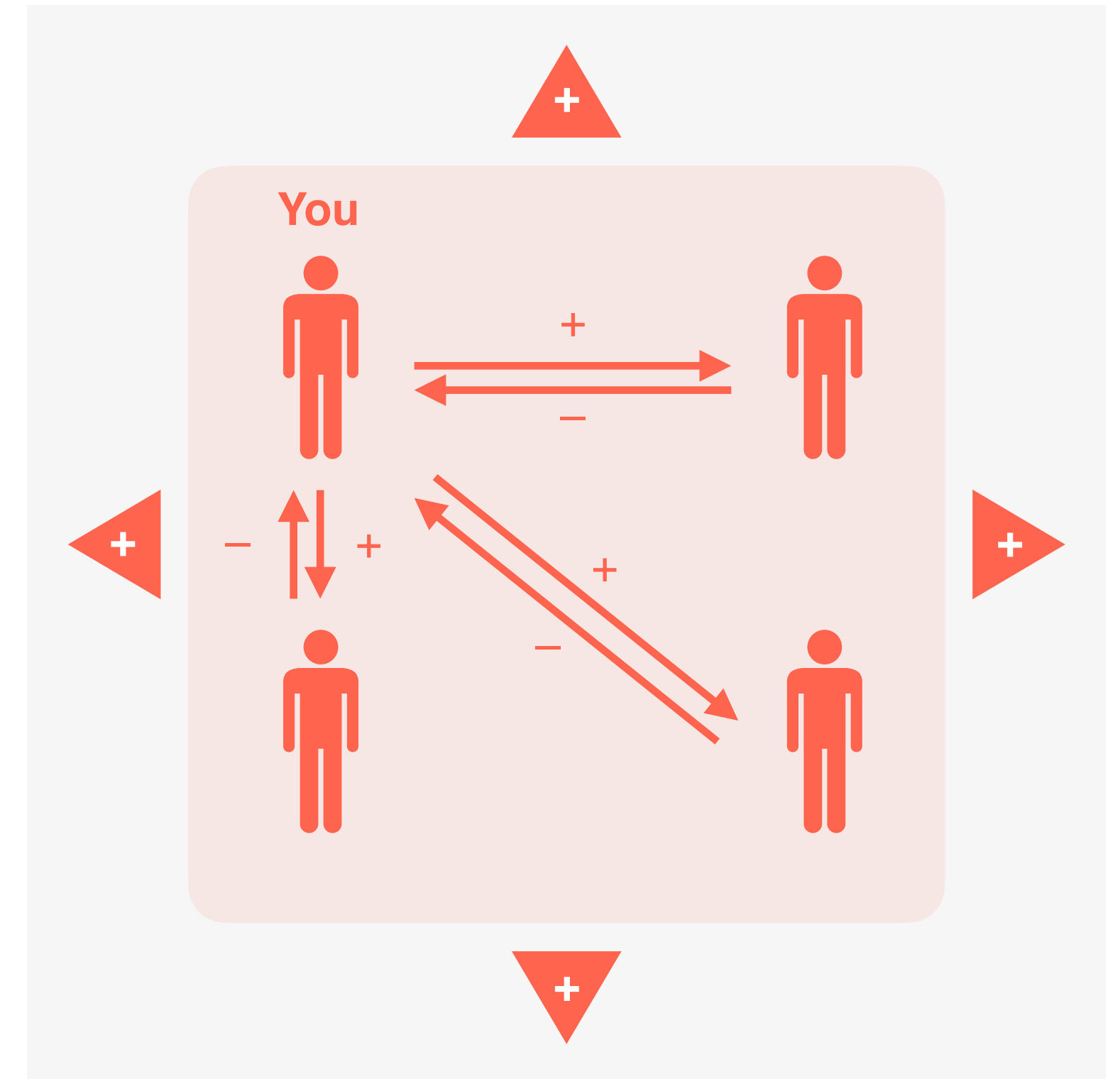
## 2. Relationships

Establish relationships and build allies



## 3. Initiative

Start new initiatives that actually make changes





# Conclusion

## **To summarize, in a remote environment,**

Everything happens inside screens,  
offering only semantic and digital information.

Deliberately designing every message you make is ever more imperative  
as language is the primary construct of the semantic and digital context.

Promising to design your everyday language enables you  
to build trust with your peers and collaborate more effectively.

# A bottom-up strategy for better remote collaborations:

**I promise that  
my language is always carefully designed  
for us to collaborate effectively.**

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# Thanks!

Let's have a chat 🗣️

## About YUMEMI



## About Akira

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with  
**YUMEMI**